

MANHATTAN

Family

www.NYParenting.com

March 2018
FREE

**Summer
Camps 2018**

Fresh
start

**Choosing
charter
education**

**Laying down
the rules for
online safety**

**Could you be
oversharing on
social media?**



OASIS DAY CAMP

Amazing Summers... Lifelong Friends!

Central Park

at The BASIS School - located at W 97th Street and Columbus Ave.

Specialized Early Start Program: Ages 3-5

Newly remodeled BASIS School boasts air conditioned classrooms with ensuite bathrooms. Theater, gymnasium, lunchroom, music/art rooms - all air conditioned.
Low child/staff ratio • Early childhood experienced staff
Scheduling accommodates physical and creative needs of campers.
Ready for September enrichment • Rooftop playground & soccer field

Traditional Day Camp: Ages 6-11

Programming designed to expose campers to new, exciting fun activities.
Inclusive environment - building bonds and lifelong friendships
Sports & Outdoor Adventure • Arts & Crafts • Music & Performing Arts
Campers choice activities • American Red Cross Swim Instruction

Teen Travel: Ages 12-14

Daily trips to museums, beaches, baseball games & amusement parks
Overnight camp excursions & late-night socials!

Oasis Features: 8:30am-5:30pm + extended day • Hot Lunch Option • Flexible Enrollment: 2-8 weeks
AC Transportation • Special Events: Carnivals, Tie Dye, Scavenger Hunts, Color War, Day Trips

Join us for an info session on March 20th at 6:30 pm at The BASIS School (795 Columbus Ave.)

Check out our location in Downtown Manhattan at P.S. 110!
Check our website for information session dates!

Register Online - Check out our new website!
www.oasischildren.com • 800-317-1392

As Close to Sleepaway Camp As You Can Get!



@oasisdaycamps

New Country Day Camp



Transportation from Manhattan and Brooklyn is provided to Staten Island's 75-acre Henry Kaufmann Campground, where swimming pools, hiking trails, and open meadows set the scene for a summer of adventure and enrichment through Jewish sensibilities



- ★ Campers entering K-8th grades
- ★ Swimming 2 periods daily
- ★ Camp provided lunch and afternoon snack served 5 days per week
- ★ 10 specialized unit activities taught by experienced staff

Email: newcountry@14streety.org

Phone: 646-395-4357

www.newcountrydaycamp.org



NEW YORK Parenting

Manhattan Family
March 2018

Where every child matters



24



40



28

FEATURES

- 10 Find a safe camp**
How to research your child's camp is before registering
BY JESS MICHAELS
- 22 Who's watching?**
Setting house rules about online safety with your caregiver
BY KRISTEN J. DUCA
- 24 Oversharing on social media**
How posting photos and info can put your family at risk
BY TAMMY SCILEPPI
- 28 Choosing charters**
Many New York parents find these schools the right fit
BY SHNIEKA L. JOHNSON
- 32 Talking to your kids about illicit drug use**
BY MYRNA BETH HASKELL

COLUMNS

- 8 Short Stuff**
- 26 FabuLYSS Finds**
BY LYSS STERN
- 34 Ask an Attorney**
BY ALISON ARDEN BESUNDER, ESQ.
- 35 Tips from a Teacher**
BY LAUREN ROSEN
- 36 Good Sense Eating**
BY CHRISTINE M. PALUMBO, RD
- 46 New & Noteworthy**
BY LISA J. CURTIS

CALENDAR

- 40 March Events**

SPECIAL SECTIONS

- 12 Camp Directory**
- 30 Charter Schools Directory**
- 45 The Marketplace**



22



ASPHALT GREEN SUMMER DAY CAMP

BUILDING CHARACTER. CONFIDENCE, AND COMMUNITY

Ages 4½ - 15 | JUNE 27 - AUGUST 17

REGISTER TODAY AT
ASPHALTGREEN.ORG/CAMP

Upper East Side
555 E. 90th St.

Battery Park City
212 North End Ave.

f /asphaltgrn

🐦 @agkidsnyc

📷 @agkidsnyc



School — a safe and nurturing environment

Last month, being February, I wrote a column that spoke about LOVE. I pretty much always write about love in February, and typically in March I move on to comment on summer and camp and/or choosing the right school or something on that order. That's the core of our editorial and advertising base, and our purpose in publishing, to help assist parents with the important job of helping to raise children in this complex world.



None of the adults I know did. We had other nightmares like polio, air-raid drills, and tornado warnings. We recall the shootings of our national leaders, men like John F. Kennedy and Martin Luther King Jr. and Medgar Evers. We recall the horrors of the civil rights protests and the Vietnam debate and the war itself. Our nation

has often been divided. The Civil War was reflective of a lot that has continued in this vast and diverse land of ours.

However, this month, our usual wonderful expression of love on Valentine's Day turned into a both a personal and national nightmare. Another school shooting, this time in Parkland, Fla., ended the school day with 17 dead and numerous wounded. Kids and teachers went off to school and many didn't come home. Those who did are undoubtedly traumatized forever.

But this debate about guns and the right to bear arms is the one that many of our nation's teens and adults are now ready to radically pounce on. Thank goodness I didn't have to parent kids who left for school every day with me wondering if there was going to be a shoot-out in their school. Nor did my parents or their parents, but that's no longer true. School is no longer the ALWAYS safe and nurturing environment it used to be. Only recently have parents and kids become wary and afraid

Again? Another school day turned into a war zone? I didn't grow up with this reality.

of what might take place in their school after they say good-bye in the morning.

I feel very passionate about this. Who doesn't? Even the discussion about how to deal with school shootings is like being in a bad dream. It can't be real, but it is. We are seriously debating arming teachers and all kinds of band-aid fixits that don't address the core problem. The core problem is guns, and if we love our children we will love them more than some people seem to love their weapons. Some think we have a constitutional right to bear arms. I believe we have a right to life, liberty, and the pursuit of happiness, and that means our kids going off to school and coming home safe at the end of the day.

What do you think?

Susan Weiss-Voskidis,
 Publisher/Executive Editor
 Susan@nyparenting.com

Community News Group

CEO: Les Goodstein
PRESIDENT & PUBLISHER:
 Jennifer Goodstein

New York Parenting

PUBLISHER / EXECUTIVE EDITOR:
 Susan Weiss
PUBLISHER / BUSINESS MANAGER:
 Clifford Luster
OPERATIONS ASSOCIATE:
 Tina Felicetti
SALES REPS: Erin Brof, Mary Cassidy,
 Shelli Goldberg-Peck, Jay Pelc
ART DIRECTOR: Leah Mitch
WEB DESIGNER: Sylvan Migdal
GRAPHIC DESIGNERS: Arthur Arutyunov,
 Gardy Charles, Earl Ferrer, John Napoli,
 Mark Ramos

MANAGING EDITOR: Vince DiMiceli
ASSISTANT EDITOR: Courtney Donahue
COPY EDITOR: Lisa J. Curtis
CALENDAR EDITOR: Joanna Del Buono

Contact Information

ADVERTISING: WEB OR PRINT
 (718) 260-4554
 Susan@NYParenting.com
CIRCULATION
 (718) 260-8336
 Tina@NYParenting.com
EDITORIAL
 (718) 260-4554
 Family@NYParenting.com
CALENDAR
 (718) 260-2523

ADDRESS
 New York Parenting Media/CNG
 1 Metrotech Center North
 10th Floor
 Brooklyn, NY 11201

www.NYParenting.com



The acceptance of advertising by **New York Parenting** does not constitute an endorsement of the products, services or information being advertised. We do not knowingly present any products or services that are fraudulent or misleading in nature.

Editorial inquiries, calendar information, advertising rates and schedules and subscription requests may be addressed to **New York Parenting**, One Metrotech Center North, 10th Floor, Brooklyn, N.Y. 11201.

New York Parenting can also be reached by calling (718) 260-4554, emailing Family@NYParenting.com or by visiting our website, NYParenting.com.

Join the conversation on Facebook.

New York Parenting has been recognized for editorial and design excellence by PMA.

New York Parenting is published monthly by New York Parenting Media/CNG. Subscription rate is \$35 annually. Reproduction of New York Parenting Media in whole or part without written permission from the publisher is prohibited. All rights reserved. Copyright©2018



Our
priority
is you



Your Health Is Our Concern.

- Monthly circular savings.
- Refill by app
- Vitamins, Toys, Greeting Cards and so much more.

**Battery Park
Pharmacy**



📍 327 SOUTH END AVE
NEW YORK, NY 10280

🕒 M-F: 8 A.M. - 8 P.M.
SAT: 9 A.M. - 7 P.M.
SUN: 10 A.M. - 6 P.M.

☎ 212.912.0555 or 0556

🌐 BATTERYPARKPHARMACY.COM



This pharmacy is independently owned and operated under a license from Health Mart Systems, Inc.

**We Are Pleased To Announce
the Opening of our New Child Care Center**

Where Children Actively Explore, Discover, and Learn



We are a new Manhattan
day care center for children
ages 3 months to 5 years.

We are offering
enhanced academic programs,
music, dance, movement, languages,
sports, and art classes.

**More than
a Day Care...**



LAC Early Childhood Center at the Village

Learn more at lacearlychildhood.org

2 Fifth Ave. (Corner of 8th St. and Fifth Ave.), NY, NY 10011
212-828-3975 • 212-828-3974 • fax: 212-828-3976

BASEBALL BASKETBALL FLAG FOOTBALL GOLF LACROSSE SOCCER VOLLEYBALL DODGEBALL

SIGN UP NOW FOR SPRING PROGRAMS!

Who's ready to play sports? We are! Sign up for baseball, basketball
and more at yyaa.org. And while you're visiting ...
Please consider joining us for our 50th anniversary gala on
Thursday, May 17th. It's going to be an unforgettable
evening – and a memorable season!

Reserve online now!



SERVING THE FAMILIES OF NEW YORK SINCE 1968

TRACK TENNIS HOCKEY WRESTLING BIRTHDAY PARTIES AFTER-SCHOOL PROGRAMS

Short Stuff

Sweet treat that's truly nut-free

Did you know that most commercially produced ice cream isn't made in nut-free facilities? That impacts many people, especially kids, who can't have ice cream due to the risk of exposure to allergens from cross contamination.

That's why family-owned A La Mode Shoppe is making safe-to-eat sweets for the 15 million Americans affected by food allergies.

Run by husband-and-wife-team, Marc and Sandy Roth, A La Mode Shoppe makes 100 percent nut-free ice cream. What started as a stand-alone



ice cream parlor in Midtown East Manhattan has grown — due to demand from the allergy community and a parent's video that went viral — into a national brand sold at grocery stores across the country.

Made in Dessurt Corp, the country's first dedicated nut-sesame-and-egg-free facility located in the Bronx, A La Mode's premium ice cream is super-creamy thanks to being made with 16 percent butterfat. Kids can't resist fun-loving flavors like Pink Sprinkle and Cotton Candy, while adults embrace decadent flavors like Wired, coffee ice cream with chocolate chips, and Speed Bump, dark chocolate with marshmallows.

Six pints of A La Mode Shoppe ice cream, \$79.99, www.alamodeshoppe.com.

Hunting down missing words

Award-winning doodle artist Jon Burgerman returns to the world of picture books with another kid-empowering, laugh-out-loud story — “Rhyme Crime!”

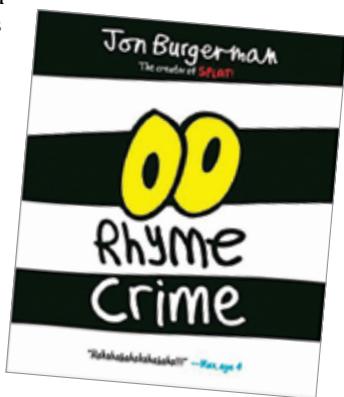
Words have mysteriously gone missing. Who stole Marlow's happy smile and replaced it with a crocodile? Who swiped Dingle's sneeze and left a stinky cheese? Who took Tumble's orange, and switched it with a ... Hey, does anything rhyme with orange? No? Aha! Could this be the rhyming robber's undoing?

Kids ages 3 to 5 will delight in using the rhyming pattern of the story to guess what the crook will steal next, and parents and teachers will appreciate that the story incorporates concepts such as rhyme, foreshadowing, and inferences.

Burgerman is a renowned artist and social media celebrity (118K Instagram followers and counting) known for his signature doodle art style. He is nominated in the “Art” category at this year's 10th Annual Shorty Awards, which honors the best of social media.

His art is collected worldwide by the Victoria and Albert Museum in London and other institutions, and his commercial collaborators include Nike, Puma, Samsung, Pepsi, Coke, Levis, AOL, MTV, and Rip Curl. He published his first children's book, “Splat!,” in 2017, which Oliver Jeffers called “a brilliantly playful book.”

“Rhyme Crime” by Jon Burgerman goes on sale April 3, \$16.99; <https://randomhouse.box.com/s/nzmuya6ddxdw3cj02oa8nhv2rx-lxw09>



Teaching time management

How can parents make time management fun for kids? Octopus Watch is the solution! Adding sanity back to the parents' hectic schedule, Octopus Watch lets parents set alerts for kids, so they can feel empowered while also learning the concept of time.

Octopus Watch is a traditional analog and digital time-teller that also has an accompanying app where parents can set alerts for when it's time for breakfast, to brush teeth, to get the cleats on, and more. Kids feel empowered while parents can take a break from non-stop sergeant schedule!

The Octopus Watch features 700 icons to choose from for scheduling, and it vibrates when there's a reminder. The watch features a fun interface that kids will love to wear, and it has three-mode interface, so kids can choose analog, digital, or icons.

Teach kids responsibility without having to say a word. With the Octopus Watch, time management is made fun!

Octopus Watch is available on www.heyjoy.io, as well as at Target stores. \$79.99.

The Galli Theater New York

Live Theater for the Entire Family

Birthday Parties • Camps • Classes

The Ugly Duckling



**Premiere
of "The Ugly
Duckling"
on March 3, 4,
10 and 11**

"The Three Little Pigs" March 17, 18, 24 and 25 at 2pm
Spring camp will run April 2nd - 6th

Reserve now!



The Galli Theater NYC

357 West 36th St., #202, New York, NY 10018

☎ 212.731.0668 ✉ galliny@gmail.com

➔ www.gallitheaternyc.com

NEW YORK CITY

15th ANNUAL

May 1-4, 2018

WYNDHAM NEW YORKER HOTEL
481 8th Ave., New York, NY 10001



Young Child EXPO & CONFERENCE

Great Speakers. Great Learning.

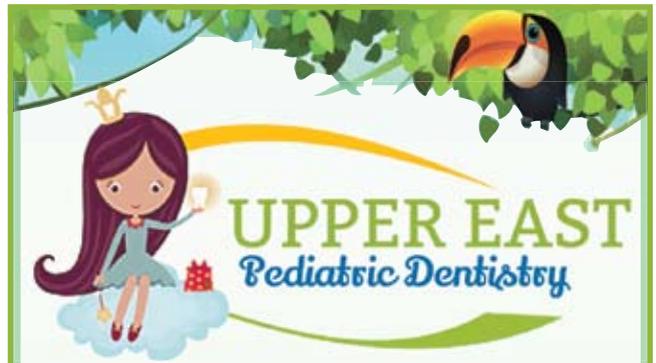
Essential Topics in Early Childhood Development.

- Over 100 Speakers • Pre-Conference Workshop
- More than 80 Conference Sessions
- 40 Exhibitors & Over 1,000 Attendees expected

Great training for all professionals working with all young children (typically developing & autism/special needs) including Teachers, Special Ed Teachers, Psychologists, SW, Speech, OT, PT, ABA, Program Directors/Principals/Administrators, Pediatricians, and Child Care Professionals.

To register go to: www.YoungChildExpo.com
or call **212-787-9700, ext. 333**
Early Bird & Group Discounts Available

Presented by



UPPER EAST Pediatric Dentistry

We provide the following dental treatments:

- Same-Day Treatment
- Modern Sterilization Protocol
- Comprehensive Exams
- Hygiene
- Silver Diamine Fluoride (S.D.F.) treatments
- Mouth Guards
- Dental Sealants
- Laughing Gas
- Local Anesthetic
- Pulp Therapy
- Crowns
- Composite Fillings

**Schedule an appointment
with the Dentist online,
on ZocDoc or by phone**

We offer a full spectrum of dental services
for kids ages 1 thru 18

Open Saturdays

All major insurance accepted!

212-317-1212

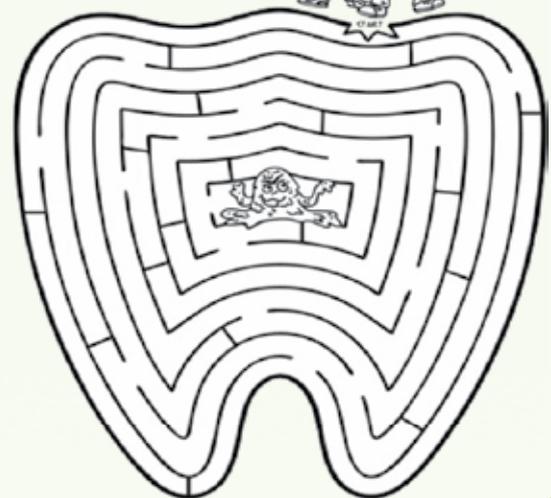
30 E. 60th St., Suite 608, NY, NY 10065

www.UpperEastPediatricDentistry.com

TOOTHY MAZE

OH NO! THERE IS A TOOTH BUG
HIDING IN THIS TOOTH!

HELP THESE YOUNG DENTISTS FIND THEIR
WAY TO THE CENTER OF THE TOOTH TO
BATTLE CAVITY CAUSING BACTERIA.





Find a safe camp

How to research your child's camp is before registering

BY JESS MICHAELS

When researching a summer camp for your child, there are many things you need to consider. You want to make sure to choose a camp that has a philosophy that matches your own family's values, an appropriate program for your child's needs, and a camp that is fully committed to providing a summer of fun and growth in a well-supervised and safe environment. But what is the best way

to discover how safe a camp is before registering? The American Camp Association, New York and New Jersey, recommends parents consider the following when looking for a camp for their child:

Camp director

One of the most important parts of researching a camp is looking at who the director is. Parents should inquire about the director's background and if he or she is a year-round camp professional or a sea-

sonal employee. Year-round professionals spend the year focused on the camp and concentrate on youth development, along with recreation. Parents also want to make sure they feel comfortable with the director and that he or she is able to answer any questions you may have about summer camp safety.

Camp review

It is imperative that the camp a parent chooses for her child is regulated and

has outside review. In New York State, single-purpose indoor camps can operate without a license from the Department of Health. Parents want to make sure that the camp they choose has a license from the Department of Health and meets basic safety standards. Those that choose to become accredited by the American Camp Association go above a state's basic licensing requirements and address specific areas of programming, personnel, health care, emergency response, management practices, and youth development. Choosing an accredited camp is a parent's best evidence of a camp's commitment to a safe program.

Staff composition

Inquire about a camp's staff composition. Parents want to look for a camp director who addresses child protection and safety issues with knowledge and sensitivity. Ask about who is caring for your child. Ask about age of staff, experience, pre-season and on-going staff training, background checks, the interview process, camper-staff ratios, work history checks, and character references.

Special considerations

If your child has special considerations such as a medical condition or a food al-

lergy, you want to ask the director how he or she handles such considerations and if he or she has had another camper with similar issues. You want to make sure the camp can handle your child's needs.

Medical staff

Ask if there is a doctor or nurse in residence or on call for campers at all times. Parents want to also make sure the camp has Epi-Pens and automated external defibrillators on site and that it employs staff members trained to use them.

Staff training

Find out what topics are covered during a camp's staff training. At a minimum, staff should be trained in safety regulations, emergency procedures and communication, behavior management techniques, child abuse prevention, appropriate staff and camper behavior, and specific procedures for supervision. If there are waterfront activities, families want to make sure they are supervised by a certified lifeguard.

Safety procedures

Ask about the safety measures that are in place. These can include inquiring about medical personnel on property, emergency plans for natural disasters or evacuations,

security guards, staff screening procedures, and instructor qualifications.

Out of camp trips

Ask how the camp handles field trips and safety procedures that are in place for these trips. Find out if the campers and staff wear shirts to be easily identifiable, if accompanying staff have first aid and CPR training, a lost camper plan, if staff carry cellphones, and what the staff-to-camper ratio is.

Camp references

One of the best ways to find out about a camp's safety record is to ask for references. Ask other parents about the experiences of their children and if they are going back next summer. Be specific and ask for a reference from your town or child's age group to ensure the camp isn't giving out the same few phone numbers to each parent.

Jess Michaels is the director of communications for the American Camp Association, New York and New Jersey, a not-for-profit organization dedicated to enhancing the summer camp experience. Parents looking for a camp for their child can contact the organization for free, one-on-one advice in finding a camp at (212) 391-5208.



Explore Talents
Learn New Skills
Unlock Creativity
Find Passions
Make True Friends
Shine as You!

Book A Tour
845.354.2727
deermountaindaycamp.com

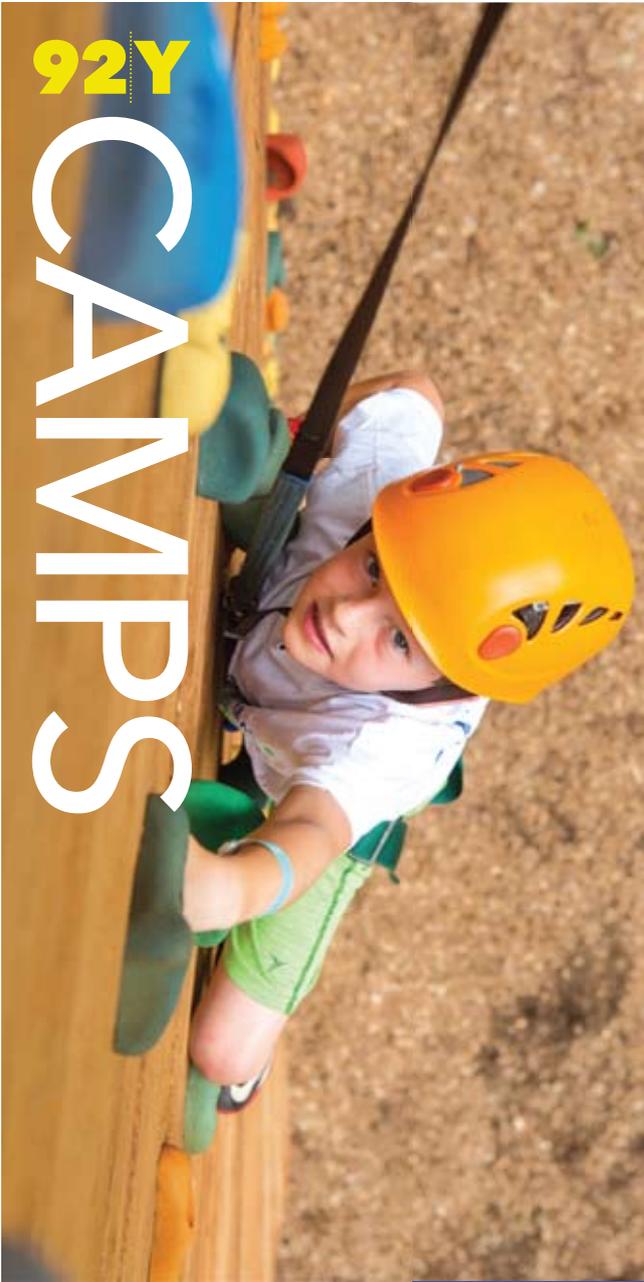


- Swimming • Sports
- Fine Arts • Performing Arts
- Outdoor Adventure
- Waterfront • Discovery
- Special Events

Family Owned for 60 Years • Ages 3-15 • Towel Service
Private Air-Conditioned & Supervised Transportation
25 Acre Mountainside Facility Located in Rockland County, NY

92Y

CAMPS



For 64 years, we've created fun and transformative experiences for campers.

Let us help plan your summer.

92Y.org/Camps
212.415.5573



An agency of UJA-Federation

Camp

DIRECTORY

DAY CAMPS

92Y Camps

Rockland County
212-415-5573
www.92Y.org/Yomi

With convenient bus pickups in Manhattan, Brooklyn, and Riverdale, your camper will grow and have fun on our 50-acre Rockland County campgrounds with dozens of activities, programs and facilities, especially designed for "actives" and "creatives." One-week intensives in baseball, theatre arts and construction engineering are also available. Contact us to learn how we've created 64 years of memorable summer experiences for families!

Advantage Day Camps

Manhattan Plaza Racquet Club
Roosevelt Island Racquet Club
212-935-0250 ext. 812 or
646-884-9648
sokeefe@advantagecamps.net
www.advantagecamps.net

Our camps offer every kind of fun imaginable for campers ages 4 to 14, with art, swimming, tennis, field sports, rock climbing and more. Excursions to NYC attractions and enrichment classes in fencing, chess and nature exploration all help make it the best day camp in NYC! Easy to reach by tram, subway, ferry or car.

Advantage All-City Junior Tennis Camp

Roosevelt Island Racquet Club
212-935-0250 or
gkent@advantagetennisclubs.com
www.advantagetennisclubs.com

This is a camp for players ages 6 to 17 who live for tennis! Our racquet club location is the perfect spot to learn the game, fine-tune your strategy and everything in between! There's expert instruction from some of the finest coaches in the East, along with drills, match play and cross-training.

Asphalt Green Summer Day Camp

Upper East Side and
Battery Park City
212-298-7900 or
www.asphaltgreen.org/camp

A Summer Day Camp synonymous with excellence, fostering a love of sports and fitness that lasts a lifetime. The camp offers kids ages 4-13 a fantastic summer of activities in swimming, sports, arts, trips, special events, and more. Camp activities are specially designed to meet the unique age-appropriate physical, mental, behavioral, and social milestones of every camper in the Pee Wee (ages 4-6), Junior (ages 6-8) and Senior Camps (ages 8-13). Also available is a counsel-in-training program for kids ages 14-15. Bus service and pre- and post-camp are available!

The British International School of New York

Murray Hill
212 481 2700 x 204
www.bis-ny.org
camp@bis-ny.org

Keep calm and come to Camp! Designed to keep young hands and minds active over those hot summer days, the BIS-NY Summer Camp offers daily swimming instruction at our onsite pool, along with a variety of activities to build friendships and explore new skills, from creative science experiments, to outdoor games, and arts and crafts—all taught by our highly qualified teachers and teaching assistants. Located at our beautiful waterside facility on East 23rd Street. For children ages 3-10. Sign up online now at bis-ny.org/summer-camp as space is limited. We look forward to welcoming you!

Collina Italiana

Upper East Side
212-427-7770
www.collinaitaliana.com

Our program is designed for kids 3-6 year olds who want to absorb the warm and lively culture of Italy. Have fun Italian style: learn and practice Italian, meet new friends, and enjoy a unique summer in the city. The program includes Giochiamo in Italiano, where campers learn Italian through play, music, theater, and games; Cinema Italiano, Italian movies and cartoons; Arte Insieme, which

Continued on page 14

Every kind of fun imaginable! For campers 4 to 14

Advantage Day Camp delivers great variety – and a great summer! Get ready for days packed with:

- Art, swimming, tennis, gym & field sports - even rock wall climbing at our Manhattan Plaza location
- Enrichment classes in everything from fencing to chess to nature exploration
- Excursions to visit the Intrepid museum, go bowling and more
- An extra hour of supervised time before and after camp—at no extra charge!
- Choice of individual days with a 10-, 20- or 30-pack, weekly packages or a full season
- Option to share days or weeks with siblings
- 2 great locations -- Manhattan Plaza Racquet Club on West 43rd St. or Roosevelt Island



**Best Day Camp
in NYC!**

Sign up now at advantagecamps.net

Contact Steve O'Keefe at 212.935.0250 ext 812 or 646.884.9648 or sokeefe@advantagecamps.net



If your camper wants to learn a new sport, choose Advantage QuickStart Tennis Camp, where kids ages 4 to 8 get in the game—and love it! We customize tennis by age and ability so Camp is a half-day of fun, noon to 4pm. Convenient west midtown location – The Beacon School/Manhattan Plaza Racquet Club.

Contact Gabe Slotnick at 212.594.0554 or gslotnick@advantagetennisclubs.com

Sign up now at quickstartny.com

**ADVANTAGE
QuickStart
Tennis**



**SUMMER
CAMP
AT
ST. BART'S**

**COME JOIN THE FUN
THIS SUMMER!**

**SWIMMING • SPORTS • ROOFTOP PLAYGROUND
ARTS & CRAFTS • DANCE & MOVEMENT**

AGES 3-6 EARLY JUNE - MID-AUGUST
AGES 6-13 JULY - MID-AUGUST
ALL OPTIONS INCLUDE SWIMMING EVERY DAY!

TOUR? QUESTIONS?
INFO-CAMP@STBARTS.ORG
212-378-0203
STBARTS.ORG/RESOURCES/SUMMER-CAMP

"There's No Place Like Holmes!"

**Overnight Programs - 1 and 2 weeks
Day Camp Programs
Family Camp Programs**

**HOLMES
PRESBYTERIAN CAMP
& CONFERENCE CENTER**
60 Denton Lake Rd
Holmes, NY 12531
845-878-6383

Learn more at
our website
www.HolmesCamp.org

Camp

DIRECTORY

Continued from page 12
encourages campers to be creative, make art, and speak Italian; Le Uscite, taking campers to museums to discover Italian art!

Deer Mountain Day Camp

Located in Pomona, NY (Rockland County)
www.deermountaindaycamp.com
Info@deermountaindaycamp.com

Our mountainside setting—with 25 acres and a spring-fed lake—feels far removed from everyday life but is easily accessible to families in NYC. Under our insightful watch, campers ages 3–15 open up as themselves and have a blast as they enjoy a sleep-away camp's range of activities, facilities, and staff, in a day camp setting. Family owned since 1956. Private, air-conditioned, supervised transportation included. Throughout the summer, we provide private, fully supervised, air-conditioned, round-trip transportation to various NYC locations.

Digital Media Academy

Locations: Concordia College, NYU, Stony Brook University
866-656-3342
www.digitalmediaacademy.org
info@digitalmediaacademy.org

A STEM summer camp experience designed for kids and teens to get their start as designers, developers, engineers, animators, musicians, and filmmakers. Learn from industry professionals and passionate educators as you complete hands-on projects with design thinking workflows. Work with the best hardware and software currently on the market while learning professional workflows.

EBL Coaching's Summer Skills and Strategy Building Programs

Upper East Side
212-249-0147
eblcoaching.com

Three-week intensive summer skills building programs for students entering grades K-5, and academic strategy building programs for students entering

grades 6-12. For elementary students, we use research-based, multi-sensory techniques to build reading, spelling, writing, and math word problem solving skills. Rising middle and high school students learn executive functioning strategies, including tools for note taking, test taking, time management, organization, writing, and reading comprehension. Specialized instruction for students with learning disabilities and ADHD are available at the home and at our Upper East Side learning center.

École Internationale De New York Summer Camp

Flatiron District
646-766-1843, einy.org
anthony@einy.org

Offering a fun and enriching bilingual experience in French and English through a wide range of activities including art, music, games, sports, and cultural excursions as students are immersed in both French and English. Designed and tailored for different age groups ranging from ages 3-10, of all language backgrounds, from 9am-3:30pm, with an option of extended day from 8:30am-5pm.

Galli Theater Musical Acting Camp

Midtown West
212-731-0668
www.gallitheaternyc.com

Designed for children 4-10 years old. All of our camps last one week at a time and include acting, singing as well as arts and craft. All of our camps use the wisdom and multifaceted aspects of traditional fairytales as the basis for our creative work. Each camp focuses on a specific fairytale and the children choose their roles, rehearse and present the piece at the end of the session.

HudsonWay Immersion School Camp

Upper East Side
212-787-8088, hwis.org

Our campers explore our world in Mandarin or Spanish. There will be three exciting adventures

Continued on page 16



YMCA SUMMER CAMPS



FINANCIAL ASSISTANCE AVAILABLE



10% Early Bird Discount
ENDS APRIL 21



NEW YORK CITY'S YMCA

ymcanyc.org/camp



ECOLE INTERNATIONALE DE NEW YORK



EINY 2018 Summer Camp

June 27 - July 20, 2018
Camp Director: Anthony Bernier

EINY's 2017-2018 Camps offers a fun and enriching bilingual experience in French and English through a wide range of activities including art, music, games, sports, and cultural excursions as students are immersed in both French and English. Designed and tailored for different age groups ranging from ages 3-10, of all language backgrounds, from 9am-3:30pm, with an option of extended day from 8:30am-5pm. Located in the neighborhood of Flatiron.

206 5th Ave, Flatiron District | 646-766-1843 | anthony@einy.org



USDAN
ANNIVERSARY SEASON

JOIN US FOR AN OPEN HOUSE
SUNDAY, 3/18 OR SUNDAY, 4/15
RSVP AT USDAN.ORG/VISIT

FOR \$100 OFF NEW STUDENT TUITION
USE PROMO CODE: **MANHATTAN**

WHEATLEY HEIGHTS, NY
1-844-822-0696 | USDAN.ORG
#50YEARSOFU



Collina Italiana

ITALIAN LANGUAGE AND CULTURAL CENTER



Girotondo (Circle of Fun) *Ages 2-9+*

An Italian language program which improves fluency through songs, stories, games and arts & crafts.

Il Giardino Dei Bambini *Ages 2-4*

A drop-off playground. Children may join in on the fun every Mon. & Fri. from 9-12 on an as needed basis.

Italian Summer Camp *Ages 3-6*

June 12 - July 19 & August 14 - August 30

Tutoring Services

Inquire About Adult Classes

1556 Third Avenue
@87th, Suite 603
212.427.7770
www.collinaitaliana.com
info@collinaitaliana.com

Camp

DIRECTORY

Continued from page 14

through language and culture for ages 2-12. Activities will include exposure to science, geography, literature, cooking, art, music and outdoor activities. Experienced, native speaking teachers lead activities in a 100% immersion environment, supporting campers of all language levels. Our hours are 9am to 3pm but early and late care is available.

Launch Math & Science Center Camp

Upper East Side /
Upper West Side / Tribeca
212-600-1010
www.launchmath.com
info@launchmath.com

We offer exciting and educational one-week STEM summer camps for kids from Kindergarten to 7th grade (ages 5-12). Launch camps are packed with hands-on projects where campers code video games, explore marine biology, create physics experiments, program autonomous robots - and that's just the beginning! Camps feature a 4:1 camper to instructor ratio and children get to keep their projects so that the fun continues at home. Multiple camps offered each week for three different age groups.

Summer Camp at the Lycee Francais de New York

Upper East Side - Manhattan
212-369-1400
www.lfny.org/summercamp

Your children will explore, create and discover in an authentic and thoroughly playful French immersion day camp for children ages 4-10. Children of all levels of French are welcome! Activities will include sports, cooking, theater, music and art. Older children will create, perform and produce their own play in French, with performances each Friday for parents.

Montessori Summer Day Camp

Midtown East
212-223-4630
www.montessorischoolny.com
montessorinyc@aol.com

For children ages 2-1/2 to 14. Our program provides fun activi-

ties including swimming, drama, yoga, arts and crafts, field trips and dance. There is also academic tutoring and exam prep with our expert instructors. We offer a unique combination of both indoor Montessori fun and outdoor camp activities. This choice of outdoor space lends itself to free play and organized games as well as Educational Field Trips.

Neighborhood Playhouse Junior School: Teen & Youths Summer Camps

Midtown East
212-688-3770 or
www.playhousejuniors.com
juniors@neighborhood-playhouse.org

Young actors seeking rigorous, dynamic training in NYC? Apply for three exciting summer intensives, where Sanford Meisner's world-renowned acting method was born! Faculty from our adult Professional Acting program, working professionals and master teachers, train students in a conservatory environment. Performance skills learned are applicable to film, theatre, television, and new media. Conservatory (15-18yrs) mirrors a challenging, diverse college-level curriculum. Studio (12-14yrs) provides serious, engaging pre-professional training and Youth Workshop (9-11yrs) explores a variety of techniques for the young actor. Each program culminates in a presentation for family & friends. Acceptance is by application and personal interview. Please see our website for details. Space is limited.

New Country Day Camp

Greenbelt - Staten Island
646-395-4357
www.14streeety.org

At our completely outdoor camp rising kindergartners through 8th graders can savor the peace that's only found in nature while belonging to a close-knit community that celebrates the unbridled joy of youth and the diversity of NYC. Transportation is provided through Brownstone

Continued on page 18





CAMP REECE

Summer Camp for Children with Special Needs

<http://campreece.org>
info@campreece.org

212-289-4732

ARTS:

- Photography
- Multimedia
- Graphic Design
- Organic Gardening
- Culinary Arts

SPORTS:

- Tennis
- Soccer
- Swimming
- Water Sports

ADVENTURE:

- Whitewater Rafting
- High Ropes Course
- Biking
- Field Trips

Camp Reece is a sleep-away camp for children with special needs, ages 10 through 17, located at Skidmore College, an ideal setting for our campers.

At Camp Reece, we offer a wide range of activities, each specifically designed to meaningfully engage campers while teaching skills, building confidence, improving self-esteem, encouraging social-emotional growth, and, of course, having fun!

VILLAGE KIDS DAY CAMP



Sports • Cooking • Chess • Swimming
Crafts • Dance • Tennis • Robotics
Expeditions • Field Trips



490 Hudson Street NY • 917-426-3263
www.villagekidsnyc.org

LYCÉE
FRANÇAIS DE NEW YORK
SUMMER
CAMP

Create, Explore and Discover
at our French-Immersion Day Camp
Ages 4 to 10 - All Levels Welcome

Register at lfny.org!

Contact Info:
505 East 75th Street, New York NY 10021
summer.camp@lfny.org



STEM Camps

brand new
topics!



real world
math + science...
out of this world fun!



summer 2018

- archaeology
- marine biology
- coding with Scratch Jr
- coding with Scratch
- coding with Python
- coding with App Inventor
- biorobotics
- mBot robotics
- architecture
- sports science
- physics

Sign up for Launch's exciting and educational one-week STEM summer camps with topics rotating weekly!

Also at Launch: Math Programs • STEM Classes • Holiday Camps • Private Instruction

Multiple Manhattan Locations • www.launchmath.com • 212-600-1010 • info@launchmath.com

When school is out...
TADA! is in

**SPRING BREAK
Musical Theater
CAMPS**

Ages 4-5, 6-8, & 9-14
Create & perform your
own mini-musical!

212-252-1619 x4
www.tadatheater.com



CAMPSAY:
A Summer Camp for Young People Who Stutter

July 30 - August 13
A life-changing 2-week sleep-away camp
for young people who stutter.



CampSAY.org

OUTSTANDING
CAMPER TO
COUNSELOR RATIO
•
ACA-ACCREDITED
•
SLIDING SCALE
TUITION

Camp SAY provides an environment of inclusiveness, builds confidence, communication skills, friendships & community for kids and teens, ages 8-18. Camp SAY is ACA-accredited, and located in the Pocono Mountains, PA.

**CONTACT: Camp
Director Meg Hart
Meg@SAY.org •
646.403.3522**

Camp

DIRECTORY

Continued from page 16

Brooklyn to Staten Island's 75-acre Henry Kaufmann Campground, where swimming pools, hiking trails, and open meadows set the scene for a summer of adventure and enrichment.

Oasis Day Camps

**Central Park & Downtown
Lower East Side**
646-519-5057

www.oasischildren.com

For campers ages 3-15. Our staff focuses on creating activities and instruction that are developmentally appropriate for the varied ages of our campers. Campers are split into Lower Camp, Upper Camp, and two specialty programs, Early Start Imagination Camp for our youngest children ages 3-5 who are fully potty trained, and our Teen Travel Program for kids age 12-14. Extended day trips and even overnights are part of this teen experience. We have everything a camp should have; great facilities, loads of activities, and most importantly, the most well trained, caring staff in the industry.

Soccer Shots

347-762-1709

www.soccershots.org/nyccentral

An engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business, and the expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. Offering two different curricula for Camps to meet the developmental needs of children aged 4-8. Check out our website to find a Summer Camp that is right for your child!

Summer at St. Bart's

Midtown East
212-378-0203

[stbarts.org/resources/
summer-camp](http://stbarts.org/resources/summer-camp)
info-camp@stbarts.org

Offering something for everyone ages 3 to 13. Our afternoon Swim Camp takes place every day in our full-sized pool with certified lifeguards and swim instructors. Soccer, basketball, baseball, hockey, volleyball, relay races and fun games played throughout the summer in our 2600 sq. ft. gym. Other daily activities are dance and movement, art, drama and science. Jr. Adventure and Adventure Camp have twice weekly trips. Come for one week or for all!. We are available for tours Mondays on Wednesdays from 2 pm -4 pm, Thursdays and Fridays from 1 pm - 4 pm.

TADA! Week-long Musical Theater Camps

**Flatiron – DUMBO – Financial
District**

212-252-1619

www.tadatheater.com

Each week campers are inspired to create their own mini-musical based on a selected theme. In just 5 days, they will write, rehearse, and perform their brand new musical for family and friends. Our professional Teaching Artists will improve your kids singing and dancing skills, making their performance one to remember! Camps are 9am-1pm for ages 4-5 and 9am-5pm for ages 6-8 & 9-12 with early drop off available. Don't miss... Exciting Themes! Fun Teaching Artists! Making New Friends!

USDAN Summer Camp for the Arts

Wheatley Heights
631-643-7900

www.usdan.org

Diverse and playfully rigorous from the start, for over fifty years Usdan has brought world-class teachers and visiting artists – actors, directors, playwrights, painters, sculptors, musicians, composers, dancers, poets and novelists – to teach and collaborate with our campers ages 4 to 18. Our arts summer camp is set on an idyllic 140-acre woodland campus in Long Island, dotted with open-air studios and performance

Continued on page 20



KEEP CALM AND COME TO CAMP!

BOOK BY
MARCH 30th
10% OFF
EARLY BIRD DISCOUNT

Daily Swim Instruction at our on-site pool

- Themed weeks including circus & safari! ▪ Music Jam Sessions ▪ P.E. & Soccer ▪ Science & Technology Enrichment ▪ Coding Lessons (seniors) ▪ Maths & Literacy Games and much, much more!

When: June 25th—July 20th 2018 - 9am - 4pm (with Late Club option until 5:30pm)

Weekly enrollment available

For: Boys & Girls 3 - 10 years old

At: The British International School of New York - 20 Waterside Plaza, E. 23rd St, NY, NY, 10010

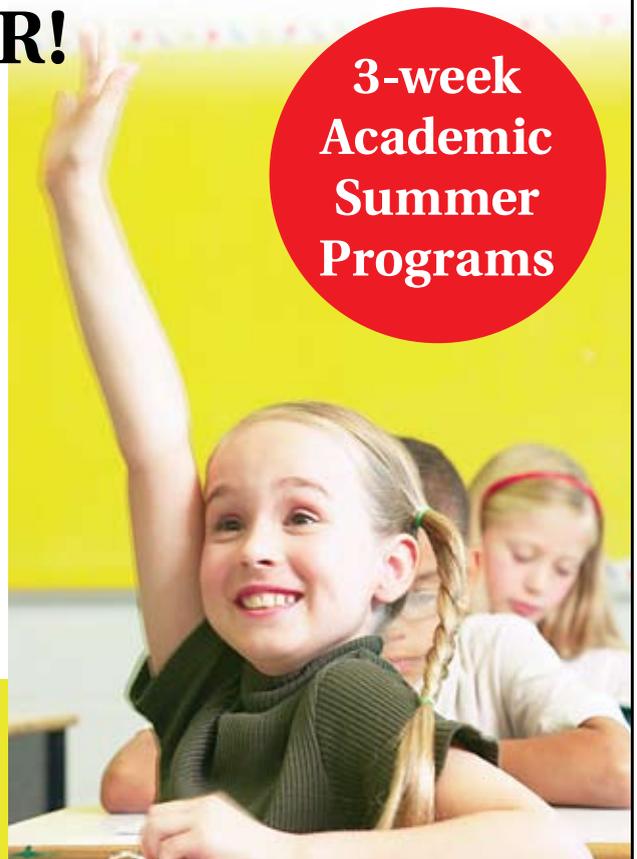
www.bis-ny.org/summer-camp - camp@bis-ny.org - (212) 481-2700

Help Your Child SOAR!

One-On-One HOME Tutoring Grades pre K-12

-  Reading comprehension & writing
-  Multi-sensory math
-  Phonics instruction & reading fluency
-  State test preparation
-  Study & organizational skills
-  Orton Gillingham reading instruction
-  Specialized programs for students with dyslexia, ADHD, and learning disabilities
-  Home tutoring available in NYC, Brooklyn, Bronx, Queens, Westchester

3-week
Academic
Summer
Programs



EBL Coaching

212-249-0147 • www.eblcoaching.com

17 East 89th Street or in your home!

Dr. Emily Levy, Director



Montessori Summer Day Camp

347 East 55th Street
(at First Avenue)

- Swimming • Drama • Yoga • Arts & Crafts • Field Trips
- Dance • Ice Skating • Hands-On Science
- Academic Tutoring • SSAT/ISEE/ERB Exam Prep

Ages 2½ to 14

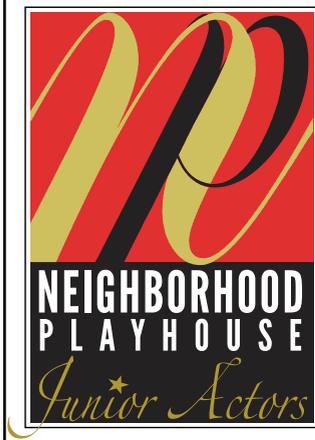
Wisdom through
Knowledge

212-223-4630

montessorinyc@aol.com
www.montessorischoolny.com



**DISCOVER YOUR CREATIVITY
& ACTING TALENT**



Summer Teen Conservatory
(15-18 yr olds)

Summer Studio & Workshop
(9-14 yr olds)

**3-4 week classes
begin July 16th**

212-688-3770

www.PlayhouseJuniors.com



Online Activity Guide

Check it out on
www.NYParenting.com

Camp

DIRECTORY

Continued from page 18

spaces designed to inspire creativity, collaboration and experimentation. We are unique among arts summer camps around NYC, as we bring together the rigor of artistic practice and the playfulness of a classic summer camp, with places to swim, play sports, and practice yoga and archery.

Village Kids Summer Camp

West Village
917-426-3263
www.villagekidsnyc.org

A great mix of outdoor fun and indoor activities in a nurturing environment. Our camps are led by a very experienced, creative team, and offer multiple sports and enrichment options including archery, chess, dance, swimming, crafts, soccer, science, cooking, robotics, tennis, thematic field trips, exciting adventures, new friendships and lifetime memories. The best summer experience in the Village! The 2018 Summer program starts July 2nd, and runs from 9am to 5pm (6pm extended day optional). Families love our flexible enrollment; select 1-7 Weeks and/or Daily Dropln. No minimum required. Early Bird, bundle and sibling discounts available. Open to ages 5-12.

YMCA of Greater NY Day Camps

Chinatown YMCA, 212-912-2460
www.ymcanyc.org/chinatown
Grosvenor Neighborhood House
YMCA, 212-749-8500
www.ymcanyc.org/grosvenor
Harlem YMCA, 212-912-2100
www.ymcanyc.org/harlem
McBurney YMCA, 212-912-2300
www.ymcanyc.org/mcburney
Vanderbilt YMCA, 212-912-2500
www.ymcanyc.org/vanderbilt
West Side YMCA, 212-912-2600
www.ymcanyc.org/westside

At YMCA summer camps, children learn leadership skills and develop self-confidence in a safe, accepting, and stimulating environment. They also build robots, go on field trips, shoot hoops, learn to swim, make new friends, and laugh all summer long!

SLEEPAWAY CAMPS

Camp Reece

212-289-4872
www.campreece.org

A Residential Summer Camp at Skidmore College in Saratoga Springs, NY, serving children who are psychologically fragile and may also have learning disabilities, emotional dysregulation or speech and language impairments. In addition to the variety of traditional summer camp programs, In Camp Reece's supportive environment, campers work hard to develop social, emotional and other necessary skills, enabling them to thrive in the larger community.

Camp SAY: A Camp for Young People who Stutter

East Stroudsburg, Pocono Mountains PA
646-735-1559
www.CampSAY.org
Meg@say.org

Our 2-week, American Camp Association (ACA)-accredited, sleep-away camp helps kids & teens who stutter build self-confidence, communication skills & friendships. Running from July 30th-August 13th, with shortened stays available, our camp combines the highest quality, traditional summer camp experience with comprehensive activities & innovative programs that empower young people who stutter (ages 8-18). We offer a Sliding Scale tuition structure and new, 60-acre, state-of-the art facility in the Pocono Mountains.

Holmes Presbyterian Camp and Conference Center

Upstate New York
845-878-6383
holmescamp.org

Since 1946, campers of all ages have been exploring their Christian faith and living in community with us during the summer. Holmes Presbyterian Camp and Conference Center offers Family Camp in addition to day and overnight camps (1 and 2 weeks) on our 540 acres in Putnam county, including lakes, trails, high ropes course, archery, our own organic farm and more!



SPRING SOCCER

9 week programs in Brooklyn & Manhattan!

Enroll for a **FREE** soccer session from April 7-13 at a location near you.



Visit nyccentral.ssreg.org or scan code for more info (Use your phone! Open camera app & point at QR code)

Register Online at www.DigitalMediaAcademy.org



DIGITAL MEDIA Academy

Your Future Starts Here.

Hands-On STEM Summer Camps for Kids & Teens Near You.



Join Us at Prestigious Locations Near You

New York University

Harvard University

University of Massachusetts, Boston

University of Toronto

University of Chicago

SAVE \$75* On Each Registration with Code **MFMAR**



HUDSONWAY IMMERSION SCHOOL

Navigate the World®

Mandarin & Spanish SUMMER CAMP



**Weeks 1 & 2:
Water, Water, Everywhere**



**Weeks 3 & 4:
Food from the Earth**



**Weeks 5 & 6:
Manmade Wonders**

Three two-week sessions: June 25th-August 3rd | Children ages 2-12

9 AM to 3 PM - Before and After Care Available (8am-9am and 3pm to 5pm)

All language levels welcome - Students grouped by age and language level

100% in Mandarin Chinese or Spanish taught by experienced, native speaking teachers

Learn more at hwis.org/summer-camp or Call (212) 787-8088

EARLY BIRD DISCOUNTS THROUGH MARCH 15!



Who's watching?

Setting house rules about online safety with your caregiver

BY KRISTEN J. DUCA

Everywhere you turn, you hear debates surrounding kids and technology usage. Every family has different rules and boundaries relating to technology, but most agree that technology is not going away, and it is best to teach our kids how to navigate it safely early on.

The internet has amazing advantages as it relates to children who explore it in a safe manner. Numerous creative, user-

friendly, inexpensive (sometimes FREE!), and unique websites exist for children to gain expertise in certain areas, explore new territories, or further their education in specific subjects. Today's children can use the internet to do everything from honing their culinary skills to exploring countries across the globe to learning another language to perfecting their math facts.

However, parents are not always around to patrol their child's usage of technology, and the policing inevitably falls into the

hands of caregivers. It is a terrific idea to clearly communicate your expectations surrounding technology in your household upfront to both your caregiver and your child. A few house rules to think about as your child navigates the internet include:

- Do not download attachments or install software without the supervision of an adult.
- Do not agree to meet with people you interact with online.
- If you notice anything online that

makes you uncomfortable, bring it to the attention of an adult.

- If someone asks to meet you in person, ignore the request and alert an adult immediately.

- Never give out any personal information or details about yourself, family members, or friends (including name, address, phone numbers, age, school, camp, extracurriculars, teams, photos, or passwords).

- If you use a public computer, make sure you log out of all accounts you accessed during the session.

- Be careful of any screen names you create and make sure these names do not include any of your personal information such as your first or last names.

- Do not compromise other people's online work or accounts.

- Do not bully, gossip, or post anything inappropriate about anyone online.

- Be mindful of your tone if you post online comments.

- Never post your image or personal video clips online (those of your friends, family members, and acquaintances are off limits as well).

- Beware of minimum age limits on many social media websites and respect them.

- Avoid clicking online ads and pop-

Clearly communicate your expectations surrounding technology in your household upfront to both your caregiver and your child.

up ads, as they can contain viruses or expect you to provide your personal contact information.

- Understand that not everything you read online is true or accurate, and if you are conducting school research online, you should ask an adult (teacher, librarian, or guardian) for respectable websites to use.

- Limit your usage of the internet and be aware that spending time in person with friends or family members is the best way for you to socialize.

- When in doubt, grab an adult for guidance, advice, and supervision.

Whether you print a list of rules and post it to your refrigerator, or create a technology contract signed by all (you,

your child, and your caregiver), you will want to be forthcoming about the importance of online safety. Clearly state to your caregiver that your end goal is to make sure your child is protected when he is online under her supervision while you are not present.

You may also want to make it clear to the caregiver that you do not want any personal information or images about your family posted online in any capacity for privacy concerns. Additionally, if your child brings a friend home, you should tell your caregiver that you expect her to relay your house rules regarding technology to him so everyone is on the same page.

Bottom line: it is important that parents and caregivers work together to teach children about safety and responsibility as it relates to technology. Remember, technology will be a big part of our children's lives for years to come!

Kristen Duca and her husband are the parents of two girls in New York City. She has served as a contributing writer for New York Parenting and Long Island Special Child magazines, and she's author of "Ultimate Nanny: How to Find, Interview, and Manage the Most Important Person You Will Ever Hire – Your Child's Nanny," which is available on amazon.com. She blogs at ultimatemama.com.

BRIDGE

Chess for the 21st Century



"Bridge should be taught in every school in the country."

-Warren Buffett and Bill Gates

- ◆ It's both analytical *and* social
- ◆ It improves test score
- ◆ Play and learn *with* your child



New program for parents and their children (grades 5-12).

Saturday mornings starting April 7th at Honors Bridge Club (58th and Lexington), the largest bridge club in the country.

Information at: www.honorsbridgeclub.org



Oversharing on social media

How posting photos and info can put your family at risk

BY TAMMY SCILEPPI

Social media is addictive by design. And our need to constantly share, dish, and find out what other people are up to begs the question: Have we become a society of “social media yentas?”

As you ponder that humorous concept, consider your own social networking activities and then ask yourself: Am I oversharing?

Actually, millions of people everywhere — regardless of their age and gender — are most likely addicts and don't even realize it. In the old days, it was called gossiping, or being a busybody or a meddler. Nowadays, it's called sharing, posting, commenting, following, liking, tweeting, retweeting, and hashtag-ing.

Everyone knows that social networking has many positives, that it can be a powerful force for good. Online communities help people, provide support, and inspire action. And how else can you connect with old friends and find hundreds of new ones (though chances are you won't ever meet most of them)?

Thanks to the wonders of social networking, proud moms and dads can brag to the world about their adorable offspring and their amazing adventures, family vacations, and celebrations. And teens can publicly swoon over hot boyfriends and girlfriends, and dish about the Kardashians and their cool shenanigans. And mean kids can cruelly bash schoolmates they don't like while casually posting and texting pouty, suggestive selfies that may one day come back to bite them in the arse.

The behemoth we call social media has a darker side. It feeds on human beings' universal cravings for attention, recognition, love, excitement, and their desire to connect with others. After all, we are social animals.

Yet, too much social networking can lead to loneliness and depression because as social beings, we need to be around real people, and we enjoy one-on-one interactions. Cyber friends don't fill that void.

And let's not forget that since the behemoth can turn on a dime and transform itself into a hate mongering, no-holds-barred, pathological monster that harbors predators, we, as our children's protectors, must be extra vigilant about oversharing. Along with cyber bullies, identity thieves, stalkers, and lying, sadistic internet trolls, burglars, vengeful spouses and neighbors, curious bosses and future employers (yours and your kids') are roaming around as well.

By oversharing, are we allowing full access into our inner sanctums? And is that what we really want?

Experts are now confirming that “sharing” can put your children at risk even when they're older. You never know who may be Googling their names and checking out social media accounts down the road. So, consider whether you're providing too much info when it comes to your children. Because, remember, the internet never forgets.

Controlling your presence

While it's getting harder and harder to monitor kids' digital lives, you do have the

ability to control your own online presence. By gradually weaning yourself off social media — at least for a while or at regular intervals — it will result in more quality time spent with your family, and you'll be setting a good example for your children as well.

Parental social media habits might also shape their kids' social media habits, so we ought to be extra considerate about what we post and share.

The internet has become a predator's playground, and according to the Crimes Against Children Research Center at New Hampshire University, one in 25 youth in one year received an online sexual solicitation where the solicitor tried to make offline contact.

In that same study, one-third of the children in this age group received what is called “aggressive sexual solicitation,” i.e., the predator asked to physically meet them, corresponded with them through regular mail (the child gave the predator his or her home address), or received gifts.

The Center suggests that parents educate their kids about criminal behavior and remind youngsters that many things they post about themselves or their friends may end up being viewed by others, and can prompt contact that could become a problem.

Tell your teen that using the internet or a cellphone to send or sext photos of yourself or friends can get you into trouble with the law. According to the Center, most young people don't realize that sexual pictures of themselves and other minors



can constitute child pornography, and its production and transmission are serious crimes. Teens may see such photos as romantic, fun, adventuresome, or even remunerative.

And it's not just teens. Parents have been posting and sharing their young children's photos for years. In this predatory climate, oversharing is just too risky. Did you know that children's online photos have ended up in ads and on porn sites?

Perhaps all parents should pause, take a deep breath, and try to disconnect and unplug every now and then. And tell everyone in the household to do the same. Then

take a few minutes and listen to what your kids are saying, 'cause they probably want you to dial back on that "sharenting."

A piece titled "Kids Expect Parents to Follow Technology Rules Too" on psychcentral.com shines a light on that common behavior. Based on researchers' findings at the University of Washington and University of Michigan, this study is one of the first to explore children's expectations for parents' technology use.

After surveying 249 families with kids between the ages of 10 and 17, the study has revealed some surprising stuff about how kids felt about their parents' online

habits and oversharing. Turns out kids have high expectations — just like their parents.

Perhaps kids should be saying, "Don't post my photos online without my approval."

Here's a suggestion: When your child turns 5, start asking: "Do you want other people to see this?"

Next month, we'll speak with Michael Osakwe, a NextAdvisor.com writer covering technology. He'll offer some tips on how to stay safe on social media, so parents can share responsibly.



Hunter Canning

"Puffs," an irreverent take on Harry Potter, at New World Stages.



FABULYSS FINDS

LYSS STERN

For seven years, a certain boy wizard went to a certain magic school and conquered evil. This, however, is not his story. This is the story of the Puffs — the moniker for students from the Hufflepuff house at Hogwarts — who just happened to be there, too. It is “a tale for anyone who has never been destined to save the world,” according to the show’s producers. This new adventure, that also happens to be very funny, will keep ‘em entertained for an hour and 45 minutes.

On Saturday and Sunday afternoons, the show has been “lightly transfigured” so that wizards ages 8 and older can share in the magic of “Puffs,” and “parents can relax knowing their kids won’t learn any new curses.” However, the evening shows are appropriate for ages 13 and older and include some adult language. Choose wisely, and your Potter fans will thank you for taking them to see the show that’s as delicious as a mug of butterbeer.

“Puffs” at New World Stages (340 W. 50th St. between Eighth and Ninth avenues, www.puffstheplay.com).



And for the fabULysss expectant mom, Lamaze Intimates designs stylish and comfortable maternity and nursing bras, sleepwear, shapewear, and activewear to provide all new moms with the lingerie she needs to support her from pregnancy to parenthood. The brand is aligned with the core mission of Lamaze International, which promotes a natural, healthy, and safe approach to pregnancy, childbirth, and early parenting. The collection is available on Amazon.com and ranges in price, from \$18–36.

Lyss Stern is the founder of DivaLyssciuous Moms (www.divamoms.com).

Spring is in the air

Spring is just a few weeks away, which means it’s time to glow!

Awaiting you at Maris Dusan Spa is a sanctuary of tranquility and luxury designed to rejuvenate the body, strengthen your spirit, and gently eliminate the stresses of the day. After these harsh winter months, you will love the therapeutic body treatments that truly uplift you, while helping to create a robust and healthy immune system. Nourishing and revitalizing facials create beautiful skin while lifting the toxins from your pores. And aromatherapy facials, herbal hydrotherapy baths, gentle hair removal services, and traditional skin treatments are blissfully restorative. And with regular visits, the benefits can be enjoyed for a lifetime.

Actress Gwyneth Paltrow has said she wants to clone the spa’s Romanian-born esthetician, Lidia Tivichi, and it is easy to understand why. She is part-esthetician, part-therapist, part-spiritual healer, part-chemist, and part-confidante. Tivichi never forgets a face (or another body part) or a story, which is why her clients return. After a visit to Maris Dusan Spa, your skin will be glowing and looking fabULysss for a diva date night.

Maris Dusan Spa [629 Park Avenue between E. 65th and E. 66th streets in Lenox Hill, (212) 879-1313, www.marisdusan.com].



Looking for the perfect girls’ night out?

“Party Face” is the show for you, your bestie, and your mom. Go see this hilarious and biting honest play — direct from Ireland — about the lengths we’ll go to convince people we’ve got it all together — and the love and acceptance we find once we allow the truth to expose our imperfectly perfect selves.

When a young woman’s mother brings her own food to her daughter’s party — and also the right person to be her daughter’s new best friend — careful plans are upended. The women put on their party faces and hope for the best, but when facades crack, secrets spill. Tears sprinkle and laughter roars as their revelry leads to revelation.

Directed by Amanda Bearce (Marcy D’Arcy of “Married ... With Children” fame), the play features Academy Award- and Golden Globe-winning actress Hayley Mills.

“Party Face” is written by the wickedly brilliant Irish playwright Isobel Mahon and is on stage at City Center now until April 8. It’s an invitation to celebrate life that you don’t want to miss.

“Party Face” at City Center Stage II (131 W. 55th St. between Sixth and Seventh avenues, www.partyfaceplay.com).



Another fabULysssly fun Off-Broadway production is “Puffs.” If your children are Harry Potter fans, “Puffs” matinees are the perfect shows for the whole family!

**Gazillion
Bubble
Show**

**"INGENIOUS
BUBBLE WIZARDRY."**
-THE NEW YORKER

Telecharge.com or 212.239.6200
For groups or birthdays call 866.642.9849
New World Stages 340 W. 50th St.
GazillionBubbleShow.com

AUTISM SERVICES

Your insurance pays, we provide.

DIRECT BEHAVIORAL SERVICES
provides customized ABA services and social groups (funded by your health insurance) to children and adults with autism in Manhattan, NYC areas & NJ. No waiting list.

We work on social skills, language, play skills, self-help skills and academic skills at home, school and community. Supervised by a Board Certified Behavior Analyst (BCBA).

Call **347.559.6131** or email directbehaviorservices@gmail.com
www.directbehaviorservices.com

Private pay also accepted.

"We are a Reading in Preschool family. We hired them since my daughter was reading ready but not overly interested in books. In all honesty, I saw her interest in reading immediately increase after the first lesson. 6 sessions later my daughter is reading simple words where ever she goes. Bottom line, if you want money well spent buy this class."

— Valoree H. - UWS

Reading in Preschool

Now Booking Summer Schedules.
Use the code *Manhattan Family" for \$50 off your first class.
ReadinginPreschool.com | 917-723-1159
info@readinginpreschool.com

QUEEN • MOZART • AEROSMITH • BEETHOVEN • THE WHO
TCHAIKOVSKY • PINK FLOYD • PUCCINI • JOURNEY

ROCKTOPIA

AN EPIC CONCERT EVENT
WHERE ROCK AND CLASSICAL COLLIDE

FEATURING
SPECIAL GUEST STAR
PAT MONAHAN
FROM TRAIN
FOR PERFORMANCES MARCH 20-APRIL 8

ON BROADWAY | SIX EPIC WEEKS ONLY | MARCH 20-APRIL 29
8 BROADWAY THEATRE, 1681 BROADWAY AT 53RD STREET | TELECHARGE.COM | 212-239-6200

ROCKTOPIA.COM

Choosing charters

Many New York parents find these schools the right fit

BY SHNIEKA L. JOHNSON

With school application results looming, New York parents are considering options for rising kindergartners, middle schoolers, and high schoolers. Meticulous research goes into making the best decision for their children — and they have a lot to think about, choosing between public and private, single-sex and coed, traditional and progressive. Oh, and what is a charter school, anyway?

There are many opinions on what exactly the best school option is, and many New Yorkers find that a charter school is the best fit for their children. These parents are making their voices heard, and the city is in the midst of a charter school expansion. A charter school is a public school that is managed by a board of trustees that may include educators, community members, and individuals from the private sector. These schools operate without many of the regulations that a traditional public school may have. Because of this arrangement, charter schools operate under a contract (or “charter”) that is typically operative for up to five years. Charter schools in New York have to be approved and authorized by three groups: the New York City Department of Education, the New York State Department of Education, and the State University of New York Charter Schools Institute.

With the rise of the charter school movement in New York in the late 1990s, many New Yorkers have seen the increase in charter schools as a way to provide families with more school options. Admission to charter schools is by application or lottery, and any student eligible for admission to a city public school is eligible for a charter school. Priority is typically given to those who live in the district where the school is located, and siblings of students currently attending the school also receive priority. Many charter schools have unique models with varying approaches to curriculum, discipline, and academic focus. The chosen model varies from school to school, but there is consistency in that charter school schedules often include an extended day, a longer school year, and access to additional programming in



the after-school hours (whether in-house or through an outside agency).

There is a lot of debate about the value of charter schools and their impact on traditional public schools, but those involved with charter schools see the cur-

rent expansion as more opportunities for children to succeed. An administrator of a charter school with substantial prior experience working in traditional schools and school districts noted that charter schools offer “the chance to innovate

with less constriction.” He added, “Traditional schools are focused on improving within the system. Charters can innovate outside the system and the usual constituent relationships (teachers, parents, students) are able to be framed and managed in a way that creates opportunity for increased achievement.” He also noted that another positive development in many charter schools is that they are focused on serving a diverse and integrated student population.

Given that they are independently run, charter schools have worked hard to make changes in their hiring practices, teacher compensation, and tenure that are more attractive than the offerings from traditional schools. Charter schools are still subject to accountability systems, such as testing, and the students have performed well in recent years by these measurements. Many supporters of charter schools are confused as to why the city is not overrun with new school sites.

“We felt it was the best fit for our daughter in terms of its academics and culture. We didn’t feel strongly about sending her to a charter versus a public or private school — like most parents, we considered all options,” said K. Thorn, a mom of a second-grader attending a

“As parents, we all want to find the best school for our kids, we all need good options where our children can grow and thrive.”

charter school in Manhattan. She added, “There are a lot of great charter schools out there, and kids benefit from their expansion. As parents, we all want to find the best school for our kids, we all need good options where our children can grow and thrive.”

She also recommended that parents look past the heated opinions about charter schools and take a look for themselves to determine if the school is best for their children.

New York has not seen the level of charter school growth that some other cities have, but expansion is quite noticeable in certain neighborhoods. For instance, areas that have lower socioeconomic levels or under-performing schools are finding new charter schools most frequently. This past July, the New York

Times noted that more charter schools would be allowed to open in place of so-called “zombie charters,” which are charter schools that were approved but did not begin operations or have closed. This simple move — allowing charters to be reissued — allows nearly two dozen charter schools to open. Zeta Charter School (founded by Emily Kim, formerly of Success Academy) is slated to open in the fall of 2018. According to Zeta’s website, its mission is “to build and sustain high-performing schools that forge thriving communities of lifelong learners, problem solvers, and innovators.” It will launch two public charter schools in the 2018–19 school year, with plans to grow to 10 schools serving pre-K through 12th grade.

There are more than 200 charter schools available to children in the five boroughs (<http://schools.nyc.gov/community/charters/information/directory.html>). The deadline to apply to most is April 1. You must contact each school directly regarding the admission timing and requirements.

Shnieka Johnson is an education consultant and freelance writer. She is based in Manhattan where she resides with her husband and son. Contact her via her website: www.shnieka-johnson.com.



Private & Independent School Guide for NYC

Check it out on NYParenting.com



If you like
the magazine
you'll love
the site.

Check us out!

NYParenting.com



Where every family matters
and where New York
parents can find help,
info and support.

Charter Schools

DIRECTORY

City School of the Arts

646-793-6320

www.cityschoolofthearts.org

Our school is the first arts-based charter school in Manhattan. Serving grades 6-8, it was established in the fall of 2016 by three educators who endeavored to build a school in which artistic study, academic scholarship, and student leadership are not the domain of a particular department, but at the core of the school's mission. It has brought this vision to life with its mission to inspire a diverse community of young people to engage with the arts as a pathway to rich and rigorous academic scholarship and a creative, purposeful life.

Great Oaks Charter School - New York City (GO-NYC)

Lower East Side

212- 233-5151

www.nyc.greatoakscharter.org

Our school is dedicated to providing a high quality education option to the families of Lower Manhattan and across the city. The mission of the Great Oaks Foundation is to launch and support a network of charter schools that prepare students for college success through high-dosage tutoring. As a school community and an emerging leader in student growth, we accomplish this by sparking student's intellectual curiosity through individualized learning. Exceeding all expectations will be accomplished by individual tutoring for each student 2 periods a day. Our school community promotes equality, acceptance and harmonious relationships. From little acorns... grow great oaks.

ZETA Charter Schools / ZETA Inwood 1 Elementary

Inwood

929-376-9987

Apply@ZETASchools.org

www.ZETASchools.org/apply

An exciting new public charter school opening in August 2018. We believe school should be a place that nurtures mind, body, soul and connectedness so our children can achieve their greatest potential. Mindfulness and wellness permeate the school day. Rigorous hands-on academics with cutting-edge innovation and technology are at the heart of each school. Healthy breakfast, lunch and snacks, innovative activities, field trips and after-school programming enrich the learning experience. The school will open with 180 kindergarten and 1st grade students and grow one grade every year through fifth grade.

Like us on

facebook

or follow us on 

Facebook Search: NYParenting



NOW ACCEPTING APPLICATIONS

Open Houses

- Tues., February 27 at 5:30 p.m.
- Tues., March 6, 2018 at 5:30 p.m.
- Wed., March 7, 2018 at 5:30 p.m.
- Tues., March 13, 2018 at 5:30 p.m.
- Wed., March 14, 2018 at 5:30 p.m.
- Wed., March 28, 2018 at 5:30 p.m.

GREAT OAKS CHARTER SCHOOLS

New York City (GO-NYC)
 38 Delancey Street (Lower East Side) **212-233-5151**
nyc.greatoakscharter.org
 Contact: Troy Wilson, (917) 803-2570
 Recruitment and Family Coordinator



NEW YORK CITY CHARTER SCHOOL OF THE ARTS

create learn thrive

Apply to
City School of the Arts
 Today!

Applications
 accepted through

April 2, 2018

www.cityschoolofthearts.org
(646) 793-6320

Apply now — ZETAschools.org/apply



zeta
 charter
 schools

THEIR BRILLIANT FUTURE STARTS HERE.



ZETA Inwood 1 Elementary
 652 West 187th Street



ZETA Bronx 1 Elementary
 222 Alexander Avenue



**At ZETA
 Charter Schools,
 your child will learn
 to love learning.**

Accepting Kindergarten and 1st Grade Applications until April 1st

Questions? apply@ZETAschools.org or 929-376-9987

Talking to your kids about illicit drug use

BY MYRNA BETH HASKELL

Reports about the ongoing opioid epidemic have saturated the news lately, leaving parents baffled as to why smart, well-adjusted kids are turning to heroin to get high. Even though we've had programs and policies at both the federal and local level, illicit drug use amongst our youth continues to be a grave problem.

According to a 2015 revised report by the National Institute on Drug Abuse, which outlines statistics collected by The Substance Abuse and Mental Health Services Administration, "Most people use drugs for the first time when they are teenagers. There were just over 2.8 million new users of illicit drugs in 2013, or about 7,800 new users per day. Over half (54.1 percent) were under 18 years of age."

Parents shouldn't subscribe to the notion of "not my kid," because good kids with good grades can experiment with drugs. Instead, be sure you know your child's friends, the places he hangs out, and the latest in illicit drug use in your community. By the time most kids are in middle school, they've already heard about drugs on the playground, so be sure to talk with them first.

Here are some tips to help parents know where to start:

How to broach the subject

"It is always best to create an open dialogue about the dangers of drug use before the problem is even there," says Jamison Monroe, Jr., founder and head of Newport Academy. "Create an environment where you don't have to play catch up on educating your children on the potential dangers of their behavior."

Tina Muller, a drug counselor and Family Wellness Manager at Mountainside Treatment Center advises, "Parents can start talking to their children about drug abuse when they are very young without explicitly diving into an explanation on hard drugs."

While dispensing vitamins, Muller suggests, "Explain to them that vitamins are good for you and will help you to grow up to be big and strong, but they can also be harmful if you take too many."

Dr. Deni Carise, Chief Clinical Officer

Resources for parents

Organizations:

- National Institute on Drug Abuse: Comprehensive site with a wealth of information.

- Substance Abuse and Mental Health Administration: Help and treatment, publications.

- GetSmartAboutDrugs.gov: A Drug Enforcement Administration resource. Drug facts and how to identify and prevent drug use.

- Partnership for Drug-free Kids: Downloadable resources concerning treatment, medications, intervention, and how to talk to kids.

Books:

- "Teens Under the Influence: The Truth About Kids, Alcohol, and Other Drugs – How to Recognize the Problem and What to Do About It" (Balantine Books).

Hotlines and helplines:

- Al-Anon-Alateen: (800) 344-2666

Peer support groups, publications, general information.

- Substance Abuse and Mental Health Administration: (800) 662-HELP (4357)

This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

- The National Alcoholism and Substance Abuse Information Center: (800) 784-6776

Comprehensive database of leading drug and alcohol treatment centers. Recommends licensed professional interventionists.

at Recovery Centers of America, reports, "Kids in elementary school are hearing about drugs, so you need to start the conversation. Parents should find out what the school is doing about substance abuse education."

Muller points out, "If you become aware that kids at their school are using drugs, and your child hasn't said anything about

it, ask him directly, 'Have you heard about the drug use at your school? What are your thoughts and feelings about it?'"

Your approach and building trust

"Before you talk to your kids, get educated," explains Howard C. Samuels, a leading drug and alcohol addiction expert and founder and head of The Hills Treatment Center. "You need to know what's going on with your children. You need to build a rapport with them. Don't look down at them."

Carise says that there are different ways to approach kids depending on their behaviors and personality.

"Impulsive kids are more likely to try drugs, and simple verbal warnings usually don't work with them. Instead, a parent can share news articles that show popular, athletic kids overdosing on the first or second try." She points out that there is also an educational approach. "You could tell your child, 'I know you have a good head on your shoulders, but drugs change the way people think. People who are high will do things they normally wouldn't.'"

What about sharing your own indiscretions? Muller advises, "Your kids might be curious as to whether you've tried drugs. Parents may be inclined to lie about this, but that lie can end up ruining their credibility. It's okay to share some basic information without going into a lot of detail. Use this as a teachable moment to talk about peer pressure and the consequences you faced."

"My kids know I've been in recovery for 32 years," Samuels shares. "I don't know for sure if they're less likely to use drugs, but I do know that if you don't talk to your kids about it, you're not being a responsible parent."

Parents can provide their kids with a safety net.

"Use a text code," suggests Carise. "If your child is in a situation that has gotten out of control, she can text you 'blue' to let you know that you should call and insist she return home." This way it doesn't look like your child is the one who ratted out her friends.

Carise states, "For those who have been drug free and have reached the ages of 22 to 25, the chances of developing an addic-



tion significantly decrease. Whether it's decreased impulsivity, more responsibility, or a combination of factors is unclear."

Talking to your kids about drugs should be an ongoing conversation throughout their growing-up years.

Latest in illicit drugs

The bottom line: Parents need to be informed about what's going on in their communities.

"Every police department has a community liaison officer who knows what's going on," Samuels asserts. "Parents need to use all resources available to them."

Don't be fooled into thinking that marijuana is harmless, because it is now legal in some states.

"The legalization of marijuana sends the message that weed is harmless. I see disastrous consequences in young people's lives

due to marijuana. The THC is very powerful in marijuana today," Samuels states.

"Parents' medicine cabinets are the number-one place kids get drugs," warns Carise. "Pill parties are a new trend. Parents go out of town and kids mix a bunch of prescription and over-the-counter pills in a bowl. Then, they take turns grabbing some. They don't even know what they're taking." These types of parties (a.k.a. pharming or pharm parties) usually include alcohol and are extremely dangerous because the drug interactions are unknown and can be fatal. "Parents need to lock up their prescriptions," Carise urges.

Drugs that can be bought online or elsewhere:

Salvia (aka Magic Mint, Sally-D): is a herb in the mint family which causes hallucinations. It is illegal to sell in New York, but can be purchased online and in other states.

Synthetic cannabis (also known as fake pot, K2, spice): contains dangerous chemicals sprayed on plants and sold in packages labeled as collectors' items, usually including "Not for Human Consumption." Synthetic drugs can cause hallucinations and psychosis. When one chemical is banned, producers create different chemical versions to trick the system.

The opioid epidemic (heroin and prescription drugs)

"Opioid addiction is sweeping the nation at an alarming rate," warns Monroe. "All ages and demographics are struggling with this one."

According to a January 2017 National Institute on Drug Abuse article, "Prescription opioid pain medicines, such as OxyContin and Vicodin, have effects similar to heroin. Research suggests that misuse of these drugs may open the door to heroin use. Nearly 80 percent of Americans using heroin reported misusing prescription opioids prior to using heroin."

The National Institute on Drug Abuse also reports that increases in the number of written prescriptions, greater social acceptability for using medication, and aggressive marketing by pharmaceutical companies have contributed to the opioid epidemic.

"Most people with a heroin problem started out with a prescription opiate. They get hooked on those, then turn to cheaper, easily accessible heroin," warns Carise. Another frightening statistic is that people are becoming addicted to heroin in six to nine months, Carise informs.

Nicknames

"Nicknames for drugs are always changing," states Monroe, "but parents should be aware of 'ice' for methamphetamines, 'brown sugar' or 'H' for heroin, and 'candy'

or 'snow' for cocaine."

Other common street names:

- Marijuana: Weed, pot, dope, herb.
- Prescription pain killers (Vicodin, OxyContin, etc.): Morph, vike, cotton, kicker.
- Valium: Blues.
- Ritalin: Rid.

Red flags

"If there is an alcohol or drug problem with a parent or grandparent, a child will be predisposed to addiction," cautions Samuels.

Dr. Carise shares a Recovery Centers of America list of possible warning signs:

- Changes in friendships
- Becomes tired or withdrawn
- Frequent mood changes
- Unreasonable excuses for behavior
- Becomes hostile, angry or secretive
- Unusual elation
- Poor hygiene
- Severe change in weight
- Loss of interest in schoolwork
- Missing cash from your wallet
- Unusual paraphernalia or items: red-eye reduction, wrappers, pipes, lots of mints or chewing gum, Frisbees (used to clean marijuana), etc.

You believe your child has tried drugs

Some parents choose to test for drugs even if they haven't found out their child is using. Kids can then use this as an excuse to turn down drugs in front of peers.

"I test my 15-year-old son," Samuels says. "This enables him to say to friends, 'I can't use because my dad tests me.'"

Carise counsels parents to have a specific plan if their child tests positive. In other words, parents need to know what the consequences will be and specific questions they will ask their child.

The National Institute on Drug Abuse reports, "Youth are more likely to follow rules if they know parents are checking up on them and will enforce the consequences consistently." Immediate follow-up is also important — both consequences and encouragement for good behavior.

Samuels advises, "If they continue to use, send them to an outpatient program."

Parents can also:

- Contact an addiction specialist/treatment center.
- Schedule child for a full medical work-up.
- Find a peer support group.

Myrna Beth Haskell is an award-winning author, columnist, and feature writer. Her work has appeared in publications across the U.S. as well as internationally (www.myrnahaskell.com). She is also co-founder and managing editor of Sanctuary (www.sanctuary-magazine.com).

What is a blind trust?

My spouse works in the financial sector and is subject to compliance restrictions on his investments in the stock market. Recently the company expanded those compliance restrictions to spouses and immediate family members! I own a lot of individual stocks and funds that are subject to the restrictions and would incur capital gains taxes if forced to sell my holdings. Help!

Emloyees in the financial sector, and in some law firms, have access to confidential, insider information. As a result, they are subject to restrictions on trading in certain market sectors. Some companies are allowing their employees and their spouses to place their assets in what is called a “blind trust.”

A blind trust does not have any set or specific meaning in the private sector. In the public sector, a blind trust — besides alluding to the placement of unquestioned faith in someone without basis or investigation — is “a financial arrangement in which a person in public office gives the administration of private business interests to an independent trust in order to prevent conflict of interest. Under the trust, the owner does not know how the assets are managed.” It has been used in the public sector as a device that serves as a repository to hold investments of a federal government official and even the official’s spouse and dependent children for the purpose of avoiding an actual or potential conflict of interest by virtue of the official’s government position. Previous American presidents including Lyndon Johnson, Jimmy Carter, Ronald Reagan, both George Bushes, Bill Clinton, and Barack Obama, and even presidential nominee Mitt Romney and his wife, Anne, during his 2012 campaign, have all used some form of blind trust or other asset investment vehicle over which they had no control or knowledge.

Legislation from before and since the 2008 financial crisis caused financial firms to make a concerted effort to avoid any appearances of impropriety. As a result of Dodd-Frank and other laws, firms in the financial sector have increasingly tightened their compliance restrictions on employees and their spouses. Many clients

who work for investment banks or other financial institutions — and their spouses — have been placed under increasing restrictions on what investments they can and cannot hold, sometimes to the point of being only permitted to hold tax-free municipal bonds and non-sector based mutual funds. Sector-based mutual funds and ETF’s are more commonly placed “off limits” as a global precaution to prevent against any appearance of impropriety, even for employees who do not have access to “inside information” as part of the scope of their job responsibilities. These restrictions are likely to remain regardless of whether Dodd-Frank and other legislation is repealed or remains.

Although not necessarily applicable to the deployment of blind trusts in the private sector, the use of blind trusts in relation to government positions is instructive. The so-called “blind trust” has its origins in the Ethics in Government Act 1978, legislation passed in the wake of the Nixon Watergate scandal and the Saturday Night Massacre (Nixon’s dismissal of independent special prosecutor Archibald Cox). It imposed restrictions on public officials’ ability to lobby for a set period after leaving public office and created the Office of Independent Counsel, which oversees investigating government officials. The Independent Counsel position can be used by Congress or the Attorney General to investigate allegations of any misconduct against government officials and higher-ups in presidential election campaigns.

The act is intended to protect government officials from improprieties or the appearance of impropriety given the official’s access to confidential information from senate hearings and legislation that could impact and benefit their own individual stock and bond prices. Compliance for a government official requires certification approval by a Senate Committee.

Similar to government, there are no hard and fast rules of the exact provisions a blind trust must include in order to receive approval in the private sector, but some of the same criteria or features are advisable. One, there should be an “independent trustee” who will provide a certification of independence, stating that



ASK AN ATTORNEY

ALISON ARDEN BESUNDER, ESQ.

they will adhere to the restrictions in the trust and not disclose the nature or extent of individual investments to the employee, his spouse, or children. There should be a disclosure of the trustee’s relationship to the employee, and ideally the trustee should not be related by blood or marriage to the “Grantor” (the person subject to compliance restrictions who is placing her or his assets in the blind trust). The trust should expressly state that its primary purpose is to entrust to the independent trustee “decisions as to when and to what extent the original assets of the trust are to be sold or disposed of and in what investments the proceeds of sale are to be reinvested, without any participation in, or knowledge of, such decisions by any interested person.” The trust can include provisions that trigger its termination in its entirety, or the automatic termination of the blind trust provisions shielding the grantor from the information about its contents upon cessation of the grantor or his spouse’s employment in the financial sector that precipitated the compliance restrictions in the first place.

If you already are or expect to be subject to compliance restrictions by virtue of your or your spouse’s employment, you should consider getting the company’s approval to transfer your assets to a blind trust as a way to protect your investments.

Alison Arden Besunder is the founding attorney of the law firm of Arden Besunder P.C., Visit her website, www.besunderlaw.com.

Disclaimer: This column is provided by Arden Besunder P.C. and New York Parenting Media as a public service to inform readers of legal issues. It is not intended to advise. Since legal issues vary with an individual’s situation and needs, one should consult with an attorney. It is impossible to cover all aspects of the law in an article. Please be advised that the laws are constantly changing. The content in this article reflects the current law. Nothing contained in this article is intended as advice and does not create an attorney-client relationship between the reader and the firm. Individual consultation with an attorney is required to determine the specific facts and circumstances of any particular situation. A written retainer agreement between you and the firm is required before any attorney-client relationship may be created. Circular 230 Disclosure Notice: To ensure compliance with Treasury Department rules governing tax practice, we inform you that any advice contained herein (including in any attachment) (1) was not written and is not intended to be used, and cannot be used, for the purpose of avoiding any federal tax penalty that may be imposed on the taxpayer, and (2) may not be used in connection with promoting, marketing or recommending to another person any transaction or matter addressed herein.



Calming Sunday night anxiety

My child loves school, but every Sunday night is filled with anxiety and worry and spends hours telling me that he doesn't want to go to school. Is there anything I can do to help lessen his worry?

There is a reason we all get the “Sunday scaries” and not the “Wednesday whimpers.” Any change in routine can throw someone off course, even one that only lasts two days, like the weekend. Kids thrive on routine, and weekends typically look different than weekdays.

Try to have your son’s weekend routine match his weekday routine as much as possible. Of course, this can’t always happen, because we have weekend obligations and there are endless soccer games and birthday parties to attend! However, there are little things you can do, such as keeping his morning and nighttime routines the same. Have him wake up and get ready for the day, same as he would on a weekday. If part of your nightly routine is to read a book together, make sure you continue this on weekend nights, even if it means

doing it before mommy and daddy dash out the door for dinner. This way, when Sunday night rolls around, there won’t be as much of an adjustment.

I just received the report card from my second-grade son’s school, and I’m surprised by many of the grades he got. Will it bother the teachers if I reach out to them to discuss this?

Yes! Just kidding ... sort of. I think it will bother the teachers that there is something that was unclear on the report card, not that you’re reaching out for clarification.

Teachers and parents should work together as a team to support each child. If either side is unsure of something that is happening with the student, then the team can’t work to its full potential. Teachers put a lot of time and thought into their report cards, with the goal of helping you better understand your child as a learner. Never be afraid to reach out to your child’s teacher if you have any questions about



TIPS FROM A TEACHER

LAUREN ROSEN

anything on your child’s report card.

Lauren Rosen has been teaching in Manhattan private schools for 10 years. She lives in Manhattan with her husband and daughter. You can reach her at MrsLRosen@gmail.com.



All about aquafaba

Water found in cans of beans makes an excellent replacement for eggs

Vegans and food waste prevention advocates alike are heralding the newfound popularity of aquafaba. Derived from the Latin words for “water” and “bean,” aquafaba is the viscous liquid you pour out when you drain a can of beans, especially chickpeas. This bean water makes a terrific egg replacer.

It turns out that the liquid left from canned beans has the amazing property of creating a froth when whipped, much like egg whites. The bean protein and starch remaining in the water can replicate the role of egg whites in meringue, macarons, mousse, custards, creams, cakes, mayonnaise, and sauces. Even waffles and pancakes can benefit from it by producing lighter and fluffier products. Savory foods, such as homemade hummus, can use aquafaba in lieu of some of the oil.

Aquafaba has been an ingredient for some time, but it really jumped in popularity within the last year or so thanks to magazine and newspaper articles and recipes featuring it. Look for foods such as vegan mayonnaise containing it on supermarket shelves in the near future.

Nutrition

The balance of starch to protein is ideal for its many uses. One tablespoon of aquafaba contains only three to five calories and only trace amounts of carbohydrates, protein, fat, vitamins, and minerals.

Aquafaba is vegan.

One big plus: It’s a boon for family members with egg allergies, one of the most common food allergies in young people.

If you’re not a bean fan due to its “musical fruit” properties, aquafaba may not be for you. The liquid from canned beans can cause digestive distress, gas, and well, you know. These side effects originate from the presence of oligosaccharides, complex sugars that can be difficult to digest due to a lack of the digestive enzyme needed to break them down. The water used to soak and cook dry beans contains many of these oligosaccharides, which may well cause discomfort for some individuals.

But the amount matters. If you use what’s drained from one can of beans in a recipe that serves four or six, the total amount of bean sugars in each serving is quite small and should not cause any problems.



GOOD SENSE EATING

CHRISTINE M. PALUMBO, RD

Using aquafaba

A 15-ounce can produces approximately three-quarters cup aquafaba. Cans with pop-top lids make it easier to drain the liquid without “spilling the beans.” Pop it open just enough so that only the liquid pours freely.

About three tablespoons of the viscous liquid can replace one whole egg, with two tablespoons equal to one egg white.

How do you use it? Whip it slightly with a fork until it’s a bit foamy prior to adding it to recipes as a binder to replace whole eggs. Or, mix the bean liquid with an electric mixer. Its beauty is it can be whipped into either soft or stiff peaks. If stiff peaks are desired, stabilize it by whipping it with a bit of acid such as cream of tartar, lemon juice, or vinegar for a few minutes.

Although vegan egg substitutes are available, they’re best used to replace whole eggs, not the whites.

Will it taste “beany?” No, not in most cases.

There is no need to heat or cook the aquafaba because it was already “cooked” during the canning process.

So embrace aquafaba as a way to reduce food waste and replace eggs in cooking. Rather than draining off the liquid into the sink every time you open a can of beans, save this precious ingredient for the next time a recipe calls for an egg.

Christine Palumbo is a Naperville-registered dietitian nutritionist and Fellow of the American Academy of Nutrition and Dietetics. Follow her on Twitter @PalumboRD, Facebook at Christine Palumbo Nutrition, or Chris@ChristinePalumbo.com.

Digital CAMP GUIDE 2018



NEW YORK
Parenting

Check it out on
nyparenting.com

Advertise with us!

MANHATTAN
Family

BROOKLYN
Family

WESTCHESTER
family



QUEENS
Family

BRONX/RIVERDALE
Family



To place an ad in any of
our monthly titles, please call
718.260.4554

Calendar

MARCH



Jane Kratochvil

Play in a Sea of Light

It's a journey of sight, sound, and sensory fun at Sea of Light, an interactive light playground, now through March 31 at the Seaport District.

Say goodbye to winter and dark nights at this spectacular interactive event — like no other light show you will ever see. The immersive sensory adventure is activated by movement and sound, and features colorful, illuminated orbs on the cobblestone streets that are reactive to

sound and movement and transform with every interaction.

Best seen at night, you can also enjoy a choreographed music and lights show on the hour from 5 to 8 pm daily.

Sea of Light daily now through March 31. Free. For all ages, but better suited to older children.

The Seaport District (19 Fulton St. in the Financial District; www.southstreetseaport.com).

Never miss a great event!

Sign up for our FREE newsletter and get twice-a-week ideas for you and your family right in your mailbox. NYParenting.com

Calendar

Submit a listing

This calendar is dedicated to bringing our readers the most comprehensive list of events in your area. But to do so, we need your help!

Send your listing request to manhattancalendar@cnglocal.com — and we'll take care of the rest. Please e-mail requests more than three weeks prior to the event to ensure we have enough time to get it in. And best of all, it's FREE!

THURS, MARCH 1 IN MANHATTAN

Cross-Stitch Circle: New-York Historical Society, 170 Central Park West at 77th Street; (212) 873-3400; nyhistory.org; 3:30 to 5:30 pm; Free with museum admission.

Drop in to try your skills at one of the oldest forms of embroidery in the world. Beginning cross-stitchers will learn the basic stitch and create a bookmark with their new skill. More seasoned stitchers can continue working on their bookmark or branch into more complicated designs — make a hand-crafted gift for someone! Younger kids may also enjoy coming along and contributing to our community weaving using recycled fabrics and ribbons. Please contact familyprograms@nyhistory.org for more information and pricing.

Story time: Museum of Jewish Heritage, 36 Battery Pl. at First Place; (646) 437-4202; www.mjhnyc.org; 3:30 pm; Free with museum admission.

Our storyteller, Shawn, starts this season with new stories and songs to share. Feel free to bring friends and come make new ones. We look forward to welcoming everyone. Drop-in.

"Here Now": Lincoln Center of the Performing Arts, 10 Lincoln Center Plaza; (212) 875-5374; <http://www.lincolncenter.org>; 7:30 pm; \$30 to \$185.

Reprising last season's Here/Now Festival, this 21st-century program combines breakthrough works and recent premieres. Peck's sneaker ballet, one of the most buzzed about ballets of 2017, and the latest from Ratmansky join two Wheeldon works: a contemplative pas de deux evoking an introspective mysticism and an ensemble work for four couples who wind their way through eerily melodious piano selections, including music made famous by Stanley Kubrick's "Eyes Wide Shut."

"Layer the Walls": The Tank, 312 W. 36th Street, first floor; (646) 591-7051; layerthewalls@gmail.com; www.layerthewalls.com; 8 pm; \$10 youth tickets, \$18 adult tickets.

This puppetry performance is about the Lower East Side tenements. There are 40 layers of wallpaper on the walls of an aging New York City tenement building — 40 layers plas-



Filip Woitek

Cultivate young artists

Families explore their inner artist at Little Guggs at the the Solomon R. Guggenheim Museum on March 7, 14, and 21.

This weekly program is designed for young art lovers and their parents and guardians. In each session, participants explore one or two works of art in the galleries and then make their own art in the studio. The hour includes a short

story, trips to the galleries, and art-making activities.

Designed for children ages 2-4.

Little Guggs, March 7, 11, and 21 from 11 am to noon. Cost \$30 (includes admission, materials, and snacks; \$15 for members).

Solomon R. Guggenheim Museum [1071 Fifth Ave. at 89th Street in Carnegie Hill, (212) 423-3500; www.guggenheim.org].

tered to the walls by the hundreds of immigrant families who called this building home. Each layer contains stories of everyday Italian, Jewish, and Irish immigrants surviving storms, building bridges, creating new policies, and shaping a new American identity. The stories are brought to life with puppetry, mask, live action, and music.

FRI, MARCH 2 IN MANHATTAN

Museum of Chinese in America kids story time: Museum of Chinese in America, 215 Centre St.; (855) 955-6622; www.mocany.org/storytime; 3:30-4 pm; Event is free with museum admission. Regular admission is \$10; admission for seniors, students, and children 2 and up is \$5.

Come to the Museum of Chinese America for stories, finger-plays, songs, and more in English and Mandarin! Interactive songs, nursery rhymes, and arts & crafts will accompany this bilingual storytime. A lively 30-minute combination of fun activities and language exploration will enhance your young child's word skills and vocabulary, both of which are important for a strong, growing reader. Ap-

propriate for ages 3-6, but younger and older siblings are welcomed. Our program invites everyone from native speakers to those seeking their first exposure to a new language.

"Layer the Walls": 8 pm. The Tank. See Thursday, March 1.

"Here Now": 8 pm. Lincoln Center of the Performing Arts. See Thursday, March 1.

SAT, MARCH 3 IN MANHATTAN

Saturday Sketching: Solomon R. Guggenheim Museum, 1071 Fifth Ave. at 89th Street; (212) 423-3500; www.guggenheim.org; 10 am to 4 pm; Free with museum admission.

Explore Frank Lloyd Wright's architectural shapes and spaces through drawing activities in the museum's galleries. Art materials, including a drawing board, paper, pencils, and erasers, are available for loan at the Family Activity Kiosk. This program is geared towards teens, though families with children of all ages are welcome. No registration is required.

"The Not-Its!": Symphony Space, 2537 Broadway at W. 94th Street; (212) 864-5400;

Calendar

Our online calendar is updated daily at www.NYParenting.com/calendar

www.symphonyspace.org; 11 am; \$17 (\$14 members).

Crunchy guitars and smooth, four-part harmonies make for a show full of perfectly crafted pop gems about everyday kid stuff.

Family Day – Animal Architecture:

Center for Architecture, 536 LaGuardia Pl.; (212) 358-6133; info@cfafoundation.org; www.centerforarchitecture.org/familyday; 11 am; \$12 per child and \$6 per adult.

Have you ever been curious about where animals live? Families will explore how animals build their homes by observing structures such as nests, ant colonies, shells, and dams. Using this inspiration, families will create their own animal architecture designs!

On a Roll ... Myths and Monsters: The Morgan Library & Museum, 225 Madison Ave. at 36th Street; (212) 685-0008 X 560; tickets@themorgan.org; www.themorgan.org/programs/roll-myths-and-monsters; 11 am; \$20; \$15 for members. Each ticket is valid for one child and up to two adults.

Get up close and personal with the Morgan's collection of Ancient Near Eastern cylinder seals, some of the smallest and oldest sculptures in the world. Participants will learn about the myths, monsters, and history of Mesopotamia and then create their own seals in clay. Program consists of a 30-minute gallery experience followed by a 90-minute art-making activity. Materials included. Appropriate for ages 6-14.

"Addy & Uno": Theatre Row, 410 W. 42nd St.; (212) 239-6200; www.AddyAndUno.com; Noon; \$40.

As Uno, a child with autism, faces the challenge of competing in his school's math competition, his friends with varying disabilities — ADHD, visual, hearing, and physical impairment — rally in support. Through puppets and soaring music, "Addy & Uno" is a 50-minute musical that is a heartfelt and hilarious journey celebrating hope, big dreams, and the beauty of differences.

Family Wildlife Workshop with Bobby Horvath:

Highbridge Recreation Center, 2301 Amsterdam Ave.; (212) 795-1388; RSVP@FortTryonParkTrust.org; www.nycgovparks.org/events/2018/03/03/kids-wildlife-workshop-with-bobby-horvath; 2-3:30 pm; Free.

Have you ever wanted to meet an eagle owl? Pet a fox? Hold a red-tailed hawk? Here's your chance to get up close and personal with live animals that are representative of Northern Manhattan Parks' wildlife. Join rehabilitator Bobby Horvath to meet some of our wildlife and learn about the work of Wildlife in Need of Rescue and Rehabilitation. Space is limited.

"The Ugly Duckling": Galli Theater, 357 W. 36th St., #202; (212) 731-0668; www.gallitheaternyc.com/shows; 2 pm; \$20 (\$15 child; \$35 one parent one child).

Along his long journey the little duckling meets many animals and finally realizes that he is not ugly at all, only different. In the end,



Associated Press / Babeto Matthews

Irish eyes are smiling!

Grab your pipes and don your green, for Irish eyes are smiling and celebrating New York City's oldest parade — St. Patrick's Day — on March 17.

Whether you hail from the Emerald Isle or not, everyone is Irish on St. Patrick's Day. The parade itself lays claim to being the oldest (it was first held in 1762) and largest of its kind in the world. So clad yourself in kelly and

watch bagpipers, marching bands, and assorted revelers from near and far as they march up Fifth Avenue.

St. Patrick's Day Parade, March 17, from 11 am to 5 pm. Free.

Parade route (Begins at E. 44th Street and Fifth Avenue in Midtown and ends at E. 79th Street and Fifth Avenue on the Upper East Side; www.nycgo.com/events/st-patricks-day-parade).

the ugly duckling becomes a beautiful swan. Recommended for kids 3 years and older. The show is filled with music and songs delighting audiences young and old.

"Here Now": 2 pm. Lincoln Center of the Performing Arts. See Thursday, March 1.

"Layer the Walls": 3 pm. The Tank. See Thursday, March 1.

Get Your Game on: Battery Park, 6 River Terrace; bpcparks.org/event/fto-get-your-game-on/2018-03-02; 4 pm to 7 pm; Free.

Join us for some friendly Friday night competition featuring games like Settlers of Catan, Games of Phones, and Chess! Just want to chill? Come hang with your friends, play some Wii, or nosh on some snacks.

"Layer the Walls": 8 pm. The Tank. See Thursday, March 1.

For families with children ages 3 and up. Explore the themes and materials seen in the works on view at our drop-in studio art-making program.

"The Ugly Duckling": 2 pm. Galli Theater. See Saturday, March 3.

"Layer the Walls": 3 pm. The Tank. See Thursday, March 1.

National Youth Choir: Carnegie Hall, Stern Auditorium, Perelman Stage, 881 Seventh Ave. at W. 57th Street; (212) 247-7800; www.carnegiehall.org; 8:30 pm; \$40 to \$85.

Worldstrides Onstage presents a concert of its brightest and most talented students.

MON, MARCH 5 IN MANHATTAN

SO Magic Workshop: Harmony by Karate, 251 W. 81st St.; (215) 760-3752; Sarah@BehavioralMilestones.org; www.SOMagicTricks.com; 4-4:45 pm; \$375 for six 45-minute sessions.

SO Magic is a fun and engaging magic workshop that fosters growth of socialization skills such as collaboration, conversation, problem solving, and more. All magic exercises are done in pairs under close supervision

Our online calendar is updated daily at www.NYParenting.com/calendar

to ensure success and boost self-esteem. It is an inclusive program for children with all different abilities and we are able to modify to accommodate any special needs.

WED, MARCH 7

IN MANHATTAN

Little Guggs: Solomon R. Guggenheim Museum, 1071 Fifth Ave. at 89th Street; (212) 423-3500; www.guggenheim.org; 11 am to noon; \$30 (includes admission, materials and snacks; \$15 for members).

This weekly program is designed for young art lovers and their parents and guardians. Each session participants explore one or two works of art in the galleries and then make their own art in the studio. The hour includes a short story, trips to the galleries, and art-making activities. Designed for children 2-4 years old.

THURS, MARCH 8

IN MANHATTAN

Cross-Stitch Circle: 3:30 pm to 5:30 pm. New-York Historical Society. See Thursday, March 1.

"Displayed": Baruch Performing Arts Center, 55 Lexington Ave. at E. 25th Street and Third Avenue; 7:30 pm; \$21 (\$10 with students with proper ID).

This is the New York debut of Heidi Latsky Dance's performance installation of "On Display" that has been seen in more than 40 cities. This production explores society's obsession with body image, challenges boundaries defining beauty, embodies inclusion through dance, and explores the concept of watching while being watched.

Ladysmith Black Mambazo: Symphony Space, 2537 Broadway at W. 94th Street; (212) 864-5400; www.symphonyspace.org; 8 pm; \$40 and up (\$34 and up members; \$25 students with id).

Uplifting vocal harmonies, signature dance moves, and charming onstage banter describe this concert.

FRI, MARCH 9

IN MANHATTAN

"Displayed": 7:30 pm. Baruch Performing Arts Center. See Thursday, March 8.

SAT, MARCH 10

IN MANHATTAN

Saturday Sketching: 10 am to 4 pm. Solomon R. Guggenheim Museum. See Saturday, March 3.

Watson Adventures' Grand Central Scramble Family Scavenger Hunt: Grand Central Station, 89 E. 42nd Street, (877) 946-4868; rsvp@watsonadventures.com; www.watsonadventures.com/public/event/grand-central-scramble-family-scavenger-hunt; 10:30 am; \$17.50-\$21.50.

'Displayed' on display

"Displayed" is on display at the Baruch Performing Arts Center on March 8, 9, and 10.

This is the New York debut of Heidi Latsky's performance installation of On Display that has been seen in more than 40 cities. This production explores society's obsession with body image, challenges boundaries defining beauty, embodies inclusion through dance, and explores the concept of watching while being watched.

Part gallery of living sculpture, part immersive dance experience, it experiments with multimedia aspects to enhance an audience's perception of inclusion; the performers themselves represent a wide cross-section of the diversity spectrum. A movement installation devised to disrupt public spaces with a meditative sculpture court of real people now reenters a more traditional venue. The evening will include installations throughout the space, transforming the entire venue, including all lobby areas.

Fellow Canadian Aerialist and double-amputee Erin Ball will be featured in a 30-minute solo, "Suspended Disbelief," during which she will perform in and around her wheelchair that is

Join Watson Adventures on a unique scavenger hunt for adults and kids 7 and up! Kids and adults work together to uncover the secrets of this amazing train station. To win, you'll have to go nuts in the Whispering Gallery, learn a secret about the stars in the "sky," find TV celebs in the food court, stand on fish under an upside-down tree in the Grand Central Market, learn the arrival time of a "ghost" train and think like Willy Wonka in the Transit Museum Gallery. Kids must be accompanied by an adult. Advance purchase is required.

KB Whirly: Symphony Space, 2537 Broadway at W. 94th Street; (212) 864-5400; www.symphonyspace.org; 11 am; \$17 (\$14 members).

High energy, multi-limbed "one man band" show will dazzle and delight. Featuring a back-pack drum kit, foot-powered percussion, a musical loop machine, and award-winning song craft. KB's multi-instrumental performance will create an entire band before your eyes using just his own two hands (and feet).



Rick Giudotti

being suspended by silks. And films by Janet Wong, Associate Artistic Director of New York Live Arts and Paul Galando (HLD's media director), will be screened. Guest appearances include members of the West Coast-based AXIS Dance Company and members of the Baruch College community.

"Displayed," March, 8, 9 and 10, 7:30 pm. Tickets are \$21 and \$10 for students with proper ID. Best suited for older teens.

Baruch Performing Arts Center (55 Lexington Ave. at E. 25th Street and Third Avenue in Kips Bay; www.baruch.cuny.edu/bpac).

Featuring traditional and original songs, and incorporating lively storytelling and interactive music-making, his earthy, folksy and bluesy songs are destined to become instant classics.

"Waves, All that Glows Sees": Lincoln Center's David Geffen Hall, 10 Lincoln Center Plaza; (212) 875-5456; kidsportal.lincolncenter.org; 11 am and 2 pm; Free.

Enter an enchanted tent and be transported to a seaside land in this whimsical theater piece.

Sou Sou: Caribbean Cultural Center African Diaspora Institute, 120 E. 125th St.; cccdi.org/sousou; Noon to 4 pm; Free.

The family-oriented program is inspired by the savings clubs tradition of the African Diaspora with a twist — a culture savings club for the entire family. Attendees get to enjoy art, dance, music workshops, and many more activities that elevate the history and traditions of the African diaspora. Callaloo Kids is on residency, a children's media brand that promotes culture literacy, social awareness

Calendar

Our online calendar is updated daily at www.NYParenting.com/calendar

and puppet theater. This month Mama Earth Awakens is on tap where children will make spring pop-up bouquets and enjoy a spring cultural presentation.

"Addy & Uno": Noon. Theatre Row. See Saturday, March 3.

Outdoor Skills – Fire Making: Inwood Center, Isham Street and Seaman Avenue; (212) 360-1444; www.nycgovparks.org/events/2018/03/10/outdoor-skills-fire-making2; 1–2:30 pm; Free.

Urban Park Rangers are well-versed in outdoor lore. Learn tips and tricks that will enhance your knowledge of the natural world, and might just save your life. Fire is mankind's greatest discovery.

LC Kids – Where Words Once Were: David Rubenstein Atrium, 61 W. 62nd St. (212) 875-5000; atrium.lincolncenter.org; 2 pm; \$25 (\$18 members).

Wordplay and adventure abound in this new work by celebrated playwright Finegan Kruckemeyer. Set in a dystopian time where language is rationed, a sentence can get you sentenced, and the silent are rising, our young hero Orhan discovers that a word can change the world.

"The Ugly Duckling": 2 pm. Galli Theater. See Saturday, March 3.

Get Your Game on: 4 pm to 7 pm. Battery Park. See Saturday, March 3.

"Displayed": 7:30 pm. Baruch Performing Arts Center. See Thursday, March 8.

SUN, MARCH 11

IN MANHATTAN

"Waves, All that Glows Sees": 11 am and 2 pm. Lincoln Center's David Geffen Hall. See Saturday, March 10.

The Passion of Music 2018: Carnegie Hall, Weill Recital Hall, 881 Seventh Ave. at W. 57th Street; (212) 247-7800; www.carnegiehall.org; 1 pm and 2 pm; \$45.

Carnegie Hall presents the winners of International Young Gifted Musicians Festival.

Kids 'N Comedy: Gotham Comedy Club, 208 W. 23rd Street; (212) 877-6115; www.kidscomedy.com; 1 pm; \$18 plus a one item minimum.

This turntable of talented teens and tweens from the tri-state area presents his or her own material and is screened to be free of profanity and abusive or cheap "low" humor (like fart jokes), and no knock/knock jokes.

Open Studios for Families: 1 pm to 4 pm. Solomon R. Guggenheim Museum. See Sunday, March 4.

"The Ugly Duckling": 2 pm. Galli Theater. See Saturday, March 3.



Richard Termine

Music of the Lenten season

Celebrate the Lenten season with the production of Angela Rice's "Thy Will be Done" at the David Geffen Hall at Lincoln Center for the Performing Arts on March 16.

National Chorale continues its 2018 season with the New York premiere of the new 90-minute work for soloists, choir, and orchestra composed by Angela Rice, which tells the story of the

life, ministry, crucifixion, and resurrection of Jesus Christ.

"Thy Will be Done," March 16 at 8 pm. Tickets range from \$30 to \$100. For all ages, but recommended for older teens.

David Geffen Hall at Lincoln Center for the Performing Arts [10 Lincoln Center Plaza on the Upper West Side, (212) 333-5333; www.nationalchorale.com].

MON, MARCH 12

IN MANHATTAN

SO Magic Workshop: 4:45pm. Harmony by Karate. See Monday, March 5.

TUES, MARCH 13

IN MANHATTAN

"A Footnote in Ballet History": 14 Street Y Downtown Jewish Life, 344 E. 14th St. between First and Second avenues; (212) 780-0800; www.14streety.org; 6:30 pm; \$35 (\$25 seniors; \$20 students).

The feature focuses on the role of Egyptian Prima Ballerina Magda Saleh in the development of ballet in Egypt and as a broader celebration of Egyptian dance in all its forms. Running time: 80 minutes. No intermission.

WED, MARCH 14

IN MANHATTAN

Little Guggs: 11 am to noon. Solomon R. Guggenheim Museum. See Wednesday, March 7.

THURS, MARCH 15

IN MANHATTAN

Cross-Stitch Circle: 3:30 pm to 5:30 pm. New-York Historical Society. See Thursday, March 1.

Storytime: 3:30 pm. Museum of Jewish Heritage. See Thursday, March 1.

"A Footnote in Ballet History": 8 pm. 14 Street Y Downtown Jewish Life. See Tuesday, March 13.

FRI, MARCH 16

IN MANHATTAN

An Irish Celebration with Emmet Cahill: Carnegie Hall, Stern Auditorium, Perelman Stage, 881 Seventh Ave. at W. 57th Street; (212) 247-7800; www.carnegiehall.org; 7 pm; \$30.

Sliante! Enjoy an eveng of Irish music.

"Thy Will be Done": David Geffen Hall at Lincoln Center for the Performing Arts, 10 Lincoln Center Plaza; (212) 333-5333; www.nationalchorale.com; 8 pm; \$30 to \$100.

National Chorale continues its 2018 sea-

Our online calendar is updated daily at www.NYParenting.com/calendar

son with the New York premiere of the new 90-minute work for soloists, choir, and orchestra composed by Angela Rice, which tells the story of the life, ministry, crucifixion and resurrection of Jesus Christ.

"A Footnote in Ballet History": 8 pm. 14 Street Y Downtown Jewish Life. See Tuesday, March 13.

SAT, MARCH 17

IN MANHATTAN

Stroller Tours: The Whitney Museum of American Art, 99 Gansevoort St.; (212) 570-3600; familyprograms@whitney.org; whitney.org/Events/StrollerTourMarch2018; 9:30 am-10:30 am; \$25 per adult, plus Museum admission (\$25 adults; \$18 seniors; free for members and children under 18).

For parents and caregivers with babies 0-18 months, join Whitney Teaching Fellows, PhD candidates in art history, on engaging tours that highlight works in the exhibition Zoe Leonard: Survey. Tours are for new moms and dads when the museum is closed to the public. Crying babies are welcome! This program is just for parents and caregivers with babies aged 0-18 months. Tickets are required.

Saturday Sketching: 10 am to 4 pm. Solomon R. Guggenheim Museum. See Saturday, March 3.

New York City St. Patrick's Day Parade: Parade route, Fifth Avenue between 44th and 79th streets; www.nycstpatrickspade.org; 11 am-5 pm; Free.

Nothing says St. Patrick's Day quite like New York City's annual parade up Fifth Avenue. The celebration is billed as the oldest and largest St. Patrick's Day Parade in the world. Irish eyes will be smiling on the approximately 150,000 people who march in the parade. Join in the fun!

LC Kids Storytime - "Sheep 101": David Rubenstein Atrium, 61 W. 62nd St. (212) 875-5000; atrium.lincolncenter.org; 11 am; Free.

A slapstick, rollicking mashup of nursery rhyme characters and the time-honored bedtime ritual of counting sheep. One night, a boy counts sheep as he tries to fall asleep. 99. 100. 101 ... Crash! Sheep 101 is stuck in the fence. Will he ever get out and get the little boy to sleep?

"Dino-Light": Symphony Space, 2537 Broadway at W. 94th Street; (212) 864-5400; www.symphonyspace.org; 11 am and 2 pm; \$17 (\$14 members).

Electroluminescent creatures light up the darkness in this glow-in-the-dark, heart-warming original tale of a loveable dinosaur and his scientist creator. Performance contains dinosaurs with large glowing teeth. May not be suitable for children under 5.

"Waves, All that Glows Sees": 11 am and 2 pm. Lincoln Center's David Geffen Hall. See Saturday, March 10.



Story time at the museum

You're invited to a fun story time at the Museum of Jewish Heritage on March 1 and 15.

Storyteller Shawn shares new stories and songs to the delight of children of all ages. Feel free to bring friends and come make new ones.

Everyone is welcome to this drop-in event.

Story time on March 1 and 15, 3:30 pm. Free with museum admission.

Museum of Jewish Heritage [36 Battery Pl. at First Place in Battery Park; (646) 437-4202; www.mjhnyc.org].

"The Three Little Pigs": Galli Theater, 357 W. 36th St. #202; (212) 731-0668; www.gallitheaternyc.com/shows; 2 pm; \$20 (\$15 child; \$35 one parent one child).

Gordy, Perkey, and Snoozy pigs have left the nest and must build houses of their own. One settles for a quick fix. The other, puts a little elbow grease into it. But only one takes the time to make a house that stands up to the persistence of a certain wolf. The Wolf may huff and puff, but this is one house he cannot blow in. For children 4 years and older.

Pause/Play Spring Carnival: 14 Street Y Downtown Jewish Life, 344 E. 14th St. between First and Second avenues; (212) 780-0800; www.14streety.org; 2-6 pm; Free for members; (Children non-members \$5; adults, \$10); Family Ticket (up to five members) \$35; Day-of tickets, children, \$10; adults, \$15; Family Ticket (up to five members) \$45.

Pause/Play invites attendees to hit the pause button in their busy lives and experience all the Y has to offer. All are welcome in the community, Jewish or not, to join for a day of relaxation and renewal.

"A Footnote in Ballet History": 3 pm, 8 pm. 14 Street Y Downtown Jewish Life. See Tuesday, March 13.

Get Your Game on: 4 pm to 7 pm. Battery Park. See Saturday, March 3.

SUN, MARCH 18

IN MANHATTAN

"Waves, All that Glows Sees": 11 am and 2 pm. Lincoln Center David Geffen Hall. See Saturday, March 10.

Open Studios for Families: 1 pm to 4 pm. Solomon R. Guggenheim Museum. See Sunday, March 4.

Art Workshop: Metropolitan Museum of Art, 1000 Fifth Ave. at E. 82nd Street; (212) 570-7710; access@metmuseum.org; www.metmuseum.org; 2 pm to 3:30 pm; Free.

For children and teens who are blind or visually impaired. The Lighthouse Guild has teamed up with the museum to offer this event to young people and their family and friends.

"A Footnote in Ballet History": 3 pm. 14 Street Y Downtown Jewish Life. See Tuesday, March 13.

"Black Beauty": The New Victory Theater, 209 W. 42nd St. between Seventh and Eighth avenues; (646) 223-3010; www.newvictory.org; 3 pm; \$25.

This is an autism-friendly performance. In order to make the show more accessible to individuals on the autism spectrum and their families, modifications for autism-friendly performances include adjustments to the technical aspects of the show, quiet areas in the

Calendar

Our online calendar is updated daily at www.NYParenting.com/calendar

lobbies and specialized training for the Front of House staff and ushers.

MON, MARCH 19

IN MANHATTAN

SO Magic Workshop: 4–4:45pm. Harmony by Karate. See Monday, March 5.

NYC Autism Charter Schools Board Meetings: NYC Autism Charter Schools, 433 E. 100th St., Manhattan; 977 Fox St., Bronx; (212) 860–2580; csecharan@nycacharterschool.org; www.nycautismcharterschool.org; 5 pm; Free.

The NYCA Charter Schools Board Meetings are open to parents, staff, and any other members of the public.

WED, MARCH 21

IN MANHATTAN

Little Guggs: 11 am to noon. Solomon R. Guggenheim Museum. See Wednesday, March 7.

THURS, MARCH 22

IN MANHATTAN

Cross-Stitch Circle: 3:30–5:30 pm. New-York Historical Society. See Thursday, March 1.

Museum of Chinese in America kids story time: 3:30–4 pm. Museum of Chinese in America. See Friday, March 2.

SAT, MARCH 24

IN MANHATTAN

Borough of Manhattan Community College Admissions Open House: Borough of Manhattan Community College, 199 Chambers St.; (212) 220–1265; admissions@bmcc.cuny.edu; www.bmcc.cuny.edu/open-house; 10 am; Free.

Borough of Manhattan Community College is among the top five community colleges in the nation. More than 27,000 students from New York City and the world start at BMCC for an affordable, high-quality education that pays off.

Saturday Sketching: 10 am to 4 pm. Solomon R. Guggenheim Museum. See Saturday, March 3.

“Wink”: Symphony Space, 2537 Broadway at W. 94th Street; (212) 864–5400; www.symphonyspace.org; 11 am and 2 pm; \$17 (\$14 members).

Spellbound Theatre’s “Wink” is an imaginative and multi-disciplinary performance that explores dreams from the perspective of a young child and her bear. Blending shadow puppetry, physical theatre, and animation, this unique show is a captivating journey designed to engage and inspire the very youngest audience members.

Family Fun – Rural America!: The Whitney Museum of American Art, 99 Gansevoort



Caribbean culture club

Sou Sou is a new program for families with children 4 to 12 years old to explore the African diaspora. Each month, special events are planned with dance, music, and workshops that explore cultural history and traditions.

Come on March 10 and learn all about Mama Earth.

Children will make spring pop-up bouquets and enjoy a spring cultural presentation.

The program was inspired by the savings clubs tradition of the African Diaspora with a twist — a culture sav-

ings club for the entire family. Children participate in art, dance, music workshops, and many more activities to honor and explore the history and traditions. Callaloo Kids, a children’s media brand that promotes culture literacy, social awareness, and puppet theater, is on residency.

Sou Sou, March 10 from noon to 4 pm. Free. Pre-registration required.

Caribbean Cultural Center African Diaspora Institute (120 E. 125th St. between Lexington and Park avenues in East Harlem, <http://cccadi.org/sousou>).

St.; (212) 570–3600; familyprograms@whitney.org; <https://whitney.org/Events/Family-FunMarch2018>; 2:30–4:30 pm; \$10 per child, plus museum admission (\$25 adults; \$18 seniors. Museum admission is free for members and children under 18).

For families with kids ages 6 to 10. Families create hands-on art projects inspired by discussion and activities in the galleries. Explore rural America in Grant Wood: American Gothic and Other Fables. Tickets are required. Members, please log-in to view and reserve discounted tickets.

SUN, MARCH 25

IN MANHATTAN

Open Studios for Families: 1 pm to 4 pm. Solomon R. Guggenheim Museum. See Sunday, March 4.

“Total Vocal”: David Geffen Hall at Lincoln Center, 10 Lincoln Center Plaza (at 65th Street); (212) 721–6500; BoxOffice@DCINY.org; lincolncenter.org/show/dciny-presents-total-vocal; 2 pm; \$20–\$100.

“Total Vocal” is the fourth annual celebration of contemporary a cappella music featur-

ing arrangements from “Pitch Perfect,” “The Sing-Off,” “Pitch Battle,” and the American pop lexicon. The performance includes surprise celebrity guests, hosted and conducted by Deke Sharon, a pioneer of the contemporary a cappella genre. This performance will be streamed live via the DCINY Facebook Page.

THURS, MARCH 29

IN MANHATTAN

Cross-Stitch Circle: 3:30 pm to 5:30 pm. New-York Historical Society. See Thursday, March 1.

SAT, MARCH 31

IN MANHATTAN

Saturday Sketching: 10 am to 4 pm. Solomon R. Guggenheim Museum. See Saturday, March 3.

Creative Family Passover Seder: 92Y, 1395 Lexington Ave. at E. 91st Street; (212) 415–5500; www.92y.org; 4:30 pm; \$75 adult, \$55 child, \$25 children 1–2 years old, children under 1 free.

Calendar

Our online calendar is updated daily at www.NYParenting.com/calendar

Retell the story of Passover with singing, dancing, "Dayenu" conga-lines, pharaohs, art projects, and more. Caterer Russ Moss creates a delicious and locally sourced kosher, nut-free meal, suited to adults and children.

LONG-RUNNING IN MANHATTAN

"Earthflight": American Museum of Natural History, Central Park West at W. 79th Street; (212) 769-5200; www.amnh.org; Museum Plus One includes one special exhibition, giant-screen 2D or 3D film, or Space Show: \$27 (adults), \$22 (students/seniors), \$16 (children).

Narrated by Academy Award-winning actress Cate Blanchett, "Earthflight" is a totally immersive experience, taking the audience on an incredible flight across the world on the wings of birds.

"Neverland: Peter Returns:" Swedish Cottage Marionette Theater, W. 79th Street and West Drive; (212) 988-9093; www.cityparks-foundation.org; Tuesdays – Fridays, 10:30 am and 11:30 am, Saturdays and Sundays, 1 pm, \$12 (\$8 children).

The City Parks Foundation presents the original marionette play based on J.M. Barrie's iconic Peter Pan tales. This version is a spin on the beloved children's classic. Leaving their parents behind, the Darling children follow Peter Pan back home to Neverland for the adventure of a lifetime.

Sea of Light: The Seaport District, 19 Fulton St.; www.southstreetseaport.com; Daily, 11 am to 9 pm, until Sat, March 31; Free.

Say goodbye to winter and dark nights at this interactive light "playground." The unique experience features colorful, illuminated orbs on the cobblestone streets that are reactive to sound and movement and transform with every interaction.

4-D Theater: Central Park Zoo, E. 64th Street and Fifth Avenue; <https://centralpark-zoo.com>; Daily, 11 am to 4 pm; free with Total Experience (\$7 per person).

Featuring "Ice Age," an immersive experience featuring the visual drama of a 3-D film with a variety of built-in sensory effects. It's quite an adventure. Please note: this experience is geared for children ages 6 and up, and is not recommended for children under age 4.

Shababa Fridays: 92Y, 1395 Lexington Ave. at E. 91st Street; (212) 415-5500; www.92y.org; Fridays, 9:30 am, until Fri, May 18; \$10.

Get ready for Shabbat with a joyous and active musical experience! Children, parents, grandparents and nannies are all a part of our Shababa Friday family. Join us for this playful and soulful experience of singing, dancing, jumping and celebrating as a community!

Little New-Yorkers: New-York Historical Society, 170 Central Park West at 77th Street; (212) 873-3400; nyhistory.org; Tuesdays and Fridays, 3:30 pm, Fri, March 2 – Fri, March 30; Free with museum admission.

Held in the cozy Barbara K. Lipman Children's History Library, this program introduces New York and American history to the littlest New Yorkers with age-appropriate readings and engaging hands-on activities. Ages 3 to 5 years old.

History Detective Briefcase: New-York Historical Society, 170 Central Park West at 77th Street; (212) 873-3400; nyhistory.org; Saturdays and Sundays, 1 pm to 4 pm, Sat, March 3 – Sat, March 31; Free with museum admission.

Families will be on the case discovering the past through games, sketching, and activities in our new fourth-floor galleries. Each free briefcase provides a variety of fun, interactive, family-centered challenges. At the end of your visit, simply return it!

Youth Wheelchair Basketball: Gertrude Ederle Recreation Center, 232 W. 60th St.; (646) 632-7344; www.nycgovparks.org/events/2018/03/04/youth-wheelchair-basketball-hosted-by-new-york-rolling-fury; Sundays, 1 pm to 3:30 pm; Free with center membership.

Have you ever wanted to learn how to play wheelchair basketball and know the rules inside and out? Well, here's your chance to learn from the best! Come out and scrimmage against other wheelchair basketball players from the New York City area.

Unseen Oceans: American Museum of Natural History, Central Park West at W. 79th Street; (212) 769-5200; www.amnh.org; Daily, 10 am–5:45 pm; beginning Mon, March 12; \$28 adults, \$16.50 children.

Take a deep dive into modern ocean exploration in this brand-new exhibition at the American Museum of Natural History! Highlights include a virtual ride in a submersible into the shadowy depths and a magnetic sand table where visitors can dig trenches and form islands.

"Frozen on Broadway": St. James Theatre, 246 W. 44th St. (866) 870-2717; frozen-themusical.com; \$100 and up.

A musical worth melting for! If you loved the movie "Frozen," you'll love seeing Anna, Elsa, Kristoff, and Olaf come to life on stage to tell the timeless tale of two sisters who are pulled apart by a mysterious secret.

"PAW Patrol Live! The Great Pirate Adventure": The Theater at Madison Square Garden, 2 Pennsylvania Pl.; (212) 465-6741; www.thegarden.com; Thursday, March 22, 11 am; Friday, March 23, 11 am and 5 pm; Saturday, March 24, 10:30 am, 2 pm, 5:30 pm; Sunday, March 25, 10:30 am, 2 pm, 5:30 pm; \$30-\$85.

After the PAW Patrol find a secret treasure map, they set out to find it for the Pirate Day celebration.

theMarketplace

Stay Connected



To advertise with us please call 718-260-4554

PARTY PLANNERS

Best Clowns

Clowns • Costume Characters
Princess Parties • Magicians
Face Painters • Balloon Art
Caricaturists • Toddler Games
Cotton Candy & More

1-800-75-CLOWN or 212-614-0988

Bi-Lingual Performers Available
Private & Corporate Events
All Boros, L.I. & Westchester

www.bestclownsnyc.com

PHYSICAL THERAPY

Expert Physical Therapists
Specializing in Orthopedic
Conditions and Pelvic Health
beyondbasicsphysicaltherapy.com

**Downtown Office
Opening March 12th**
156 William St.
New York, NY 10038
P: (212) 267-0240

MIDTOWN
110 E 42nd St. Ste 1504
New York, NY 10017
P: (212) 354-2622

SATELLITE
2 West 46th St. Ste 403
New York, NY 10036
P: (212) 354-2622



New & Noteworthy

BY LISA J. CURTIS

Jack's tall tale

We're excited to spill the beans about a recently released rock opera that breathes new life into the classic fairy tale "Jack and the Beanstalk." Brooklyn-based Paper Canoe Company's "Beanstalk Jack" concept album begins with songs in the rich American folk tradition — and they're often a high-spirited, knee-slapping hootenanny. They tell Jack's story as he trades his cow for magic beans and climbs the mighty stalk. When he reaches its highest branches, the songs evolve from folk to rock with "It's a Big World."



Thankfully, Paper Canoe co-founders Tami Stronach (the Childlike Empress from the 1984 film "The Neverending Story") and Greg Steinbruner made the decision to retain the giant's best line — "Fee Fi Fo Fum" — and the vocals are powerfully influenced by Tom Waits. Touches like this delight listeners great and small (especially those ages 5 to 8).

"Beanstalk Jack" is an entertaining album influenced by the greats: Woody Guthrie, the Beatles, and Simon and Garfunkel.

"Beanstalk Jack" CD, \$14, digital download, \$9.99, amazon.com.

Open sesame

Comfort is key when it comes to choosing a bra that will make breastfeeding easier. Coobie's Seamless Bra offers that comfortable support all day long — and even while you're sleeping. This nursing bra features wider straps, removable pads, racer-back style, and simple clasps to help moms quickly quiet a ravenous infant.



Available in "one size" (32A-36D/DD) and "full size" (38A-40D/DD), Coobie's nursing bra is available in both typical colors and fun patterns such as tie-dyed pink-and-white; black-and-white polka dot; and more.

This bra does not have an underwire or hooks, and the fabric is made of a cool, soft brushed nylon and spandex blend, which easily stretches to accommodate nursing pads. Coobie's seamless bra is perfect for moms who are committed to breastfeeding and need a stylish nursing bra that's such a dream, you forget you're wearing it.

Coobie Seamless Bra, \$22, shopcoobie.com.



Build characters

Shao Lan Hsueh, Ted Talk speaker and creator of the popular Chineasy Tiles board game, has just released the Chineasy Cards app, making it easier than ever for kids — and parents — to begin to learn notoriously challenging Mandarin Chinese.

The app takes off where the board game ends, using the same colorful illustrations to bring the Chinese characters to life, plus enormously helpful pronunciation of the characters. After introducing the user to a group of words, Chineasy Cards becomes a multiple choice game. Players — ages 4 and older — are rewarded with praise from an adorable caterpillar before leveling up. Players can start on a new level every day, or review previous levels before moving on.

The board game's website has a downloadable "play guide" with 10 ways to engage with the 48 essential characters.

Chineasy Tiles game, \$89; Chineasy Cards app, free to download, monthly subscription services available; Chineasy.com.

Mooning over Britta

Author-illustrator Britta Teckentrup's "Moon: A Peek-Through Picture Book" (Doubleday Books for Young Readers) is an exquisite hardcover, ideal for sending off children — particularly those ages 3 to 7 — to dreamland. This new book

has moon-shaped holes cut from its cover and pages to reveal our satellite's phases. It also lavishly depicts our world's animals in their varied habitats, bathed in moonlight. Teckentrup's illustrations harken back to the glory days of vintage Golden Books, with their scampering foxes, deer, and bears. Children — and parents alike — can't resist the sleep-inducing pull of "Moon."

"Moon: A Peek-Through Picture Book," \$16.99, Barnesandnoble.com.





NEW YORK SPECIAL CHILD

LONG ISLAND SPECIAL CHILD

WESTCHESTER/ROCKLAND SPECIAL CHILD

Trusted since 2008

Informing & enriching
"Special Needs"
families
throughout NYC,
Long Island
& Westchester/Rockland

For more information about distribution
or how to get your free copy,
please e-mail us at tina@nyparenting.com.

Visit us online at

www.NYParenting.com

Like us on our Facebook page, NYParenting
or follow us on Twitter

To advertise your business and or services
contact us at 718-260-4554
or e-mail us at family@nyparenting.com

New York Parenting/CNG
1 MetroTech Center North - 10th Fl. • Brooklyn, NY 11201
718-260-4554 • family@nyparenting.com



GIVE YOUR CHILD AN ACADEMIC ADVANTAGE IN SCHOOL AND BEYOND!

At Kumon, we personalize our math and reading programs to fit the skill level of each child. Students of all levels learn to grasp concepts on their own and take full ownership of their success. It's how Kumon builds an academic advantage in school and beyond.

Start giving your kids all the advantages of Kumon.
To learn more, we invite you to schedule a Free Placement Test today.

BATTERY PARK CITY

2 South End Avenue
212-786-4295

CENTRAL HARLEM

2235 Frederick Douglass Blvd.
212-866-6201

CHINATOWN

123 Baxter Street
212-625-1883

MIDTOWN - EAST

962 1st Avenue
212-702-8769

MIDTOWN WEST

747 10th Avenue
212-399-4124

UPPER WEST SIDE

700 Columbus Avenue
212-866-1864

BEDFORD PARK

237 East 204th Street
917-751-1888

CHELSEA

320 West 23rd Street
212-242-6528

GRAMERCY PARK

381 2nd Avenue
212-683-1232

MIDTOWN - EAST II

962 1st Avenue
201-218-3905

UPPER EAST SIDE I

1582 First Avenue
212-717-1644



FOR FRANCHISE OPPORTUNITIES IN NORTH AMERICA — VISIT KUMONFRANCHISE.COM



Where Smart Kids Get Smarter.

©2018 Kumon North America, Inc. All rights reserved.